

Data Spotlight

National Survey of Substance Abuse Treatment Services

January 11, 2011

Nearly Half of Substance Abuse Treatment Facilities Offer Mentoring and Other Peer Support Services

Individuals who have achieved recovery can offer valuable social support for those looking to start or maintain their own recovery process. Peer mentors can help their mentees set goals, solve problems, access resources, and build substance-free social networks.¹

The National Survey of Substance Abuse Treatment Services (N-SSATS) provides information on mentoring and other peer support services offered at substance abuse treatment facilities. In 2009, 6,325 of 13,513 (47 percent) of surveyed facilities offered mentoring or other peer support services. The percentage of facilities offering these services has gradually increased since 2006 (Figure 1). Facilities providing residential care were more likely than facilities providing hospital inpatient care or outpatient care to offer mentoring or other peer support services (72 vs. 45 or 41 percent; Figure 2).

Figure 1. Percent of Facilities That Provide Mentoring/Peer Support Services, by Year: 2006 to 2009

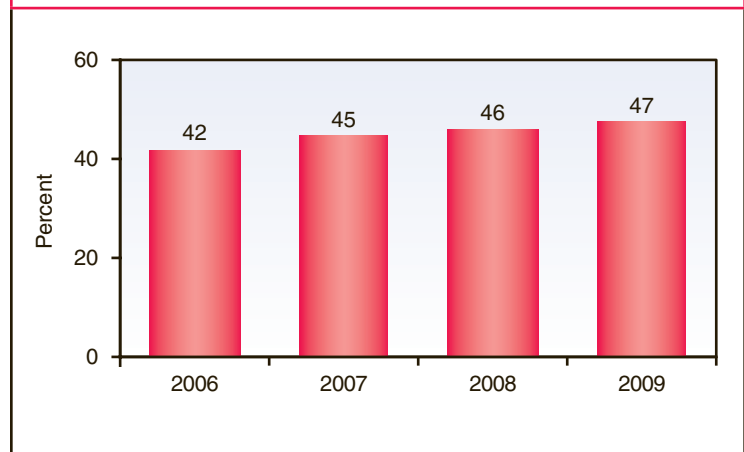
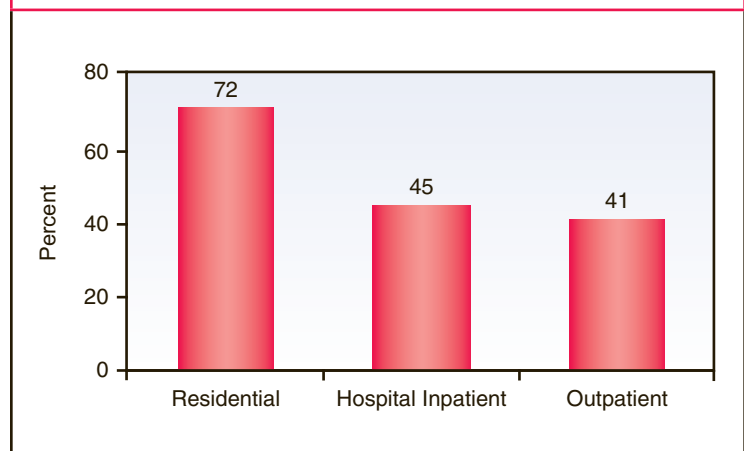


Figure 2. Percent of Facilities That Provide Mentoring/Peer Support Services, by Type of Care Offered: 2009



¹ Center for Substance Abuse Treatment. (2009). *What are peer recovery support services?* (HHS Publication No. SMA 09-4454). Rockville, MD: Substance Abuse and Mental Health Services Administration. [Available as a PDF at <http://download.ncadi.samhsa.gov/prevline/pdfs/sma09-4454.pdf>]

Source: 2006 to 2009 Substance Abuse and Mental Health Services (SAMHSA) National Survey of Substance Abuse Treatment Services (N-SSATS). N-SSATS is an annual survey of all substance abuse treatment facilities in the United States, both public and private, that are known to SAMHSA. N-SSATS is one component of the Drug and Alcohol Services Information System (DASIS), an integrated data system maintained by the Center for Behavioral Health Statistics and Quality, SAMHSA.

