

## CHESTNUT CRISIS SERVICES

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CALL CHESTNUT DETOXIFICATION SERVICES TODAY.

**309.827.6026**

**888.924.3786**

1003 Martin Luther King Dr.  
Bloomington, IL 61701



### RECOVERY VALUES

# HOPE

Empowerment

*Health and Wellness*

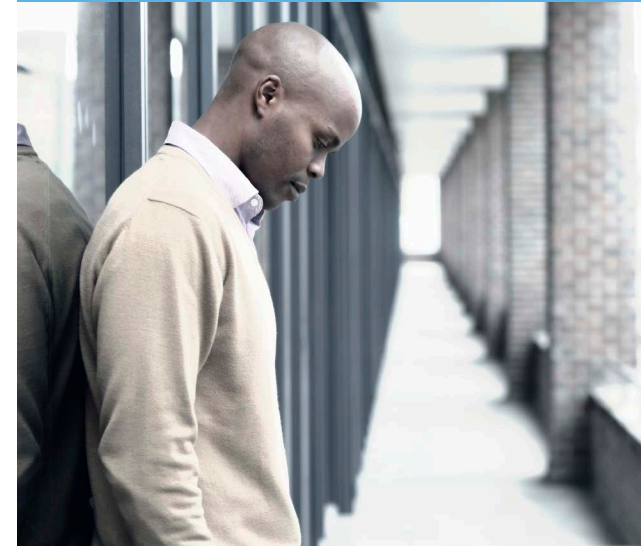
# RESPECT

Spirituality and Connectedness

1003 Martin Luther King Dr.  
Bloomington, IL 61701  
309.827.6026 or 888.924.3786

 **CHESTNUT**  
HEALTH SYSTEMS  
c h e s t n u t . o r g

 **CHESTNUT**  
HEALTH SYSTEMS



## Medically Monitored Detoxification Services

For Detoxification Services please call  
**309.827.6026 or 888.924.3786**

If you feel that you have a medical emergency,  
please call 911 or go to one of the local hospital  
Emergency Departments. We do not provide  
emergency services.

# MEDICALLY MONITORED DETOXIFICATION SERVICES

**Chestnut Health Systems provides 24-hour short term supervised care for persons aged 18 years and older experiencing a withdrawal from most substances that do not require acute hospitalization.**

Admission to our detox unit is voluntary. We accept only those individuals who choose to come to the unit. The facility is not prepared to work with persons who are experiencing serious medical problems or complications. The unit is staffed with nurses and behavioral technicians but it is not a hospital.

Persons may refer themselves for crisis/detox stabilization services or may be referred by hospitals, police departments, mental health agencies, social service agencies, and family members.

Length of stay depends on withdrawal symptoms. During their stay on the unit, clients spend time in groups that meet six or more times each day. The groups provide education on topics helpful for persons in detox/recovery and clients are encouraged to attend and to participate actively.

Chestnut will provide the safe and supportive environment conducive to achieving stability to live a life free of substances.

## THE MEDICALLY MONITORED DETOX PROGRAM HAS THE FOLLOWING COMPONENTS:

**Phone Screening:** Clients can call for a phone screening that will take about 15 minutes to determine the need for a face to face assessment and the possibility of admission to the Crisis Residential Unit (CRU).

**Walk-In Detoxification Assessment:** Individuals experiencing withdrawal or in need of medically monitored detoxification can meet with staff to determine whether a stay in the CRU would be helpful and appropriate.

**Medically Monitored Detox Services:** Clients experiencing withdrawal from alcohol or other mood altering drugs meeting our admission criteria can safely be detoxified on the CRU. Our Detox unit is staffed 24 hours per day by trained nurses, medical assistants and counselors to provide safety and stability during this time of withdrawal.

Clients contribute to their recovery by assuming responsibility for several tasks including:

- Personal care and grooming.
- Making one's bed and keeping one's bedroom neat.
- Laundering and returning towels, linens, scrubs and other items issued by Chestnut.
- Taking all medications as prescribed by the doctor or Advanced Nurse Practitioner.
- Cleaning up after using the kitchen and common area
- Maintaining a peaceful environment.



- Working with the treatment team to craft goals for one's stay in the CRU and to create a comprehensive discharge plan that will support ongoing recovery and stability.
- Refraining from using alcohol and drugs on the unit. All medications are dispensed by Chestnut nurses at appropriate times.
- Refraining from smoking while on Chestnut property.

We accept private pay, most private insurance, and Medicaid. Chestnut has a sliding scale payment fee. Insurance coverage for these services varies.

