

# SUBSTANCE USE DISORDER SERVICES

for Adults

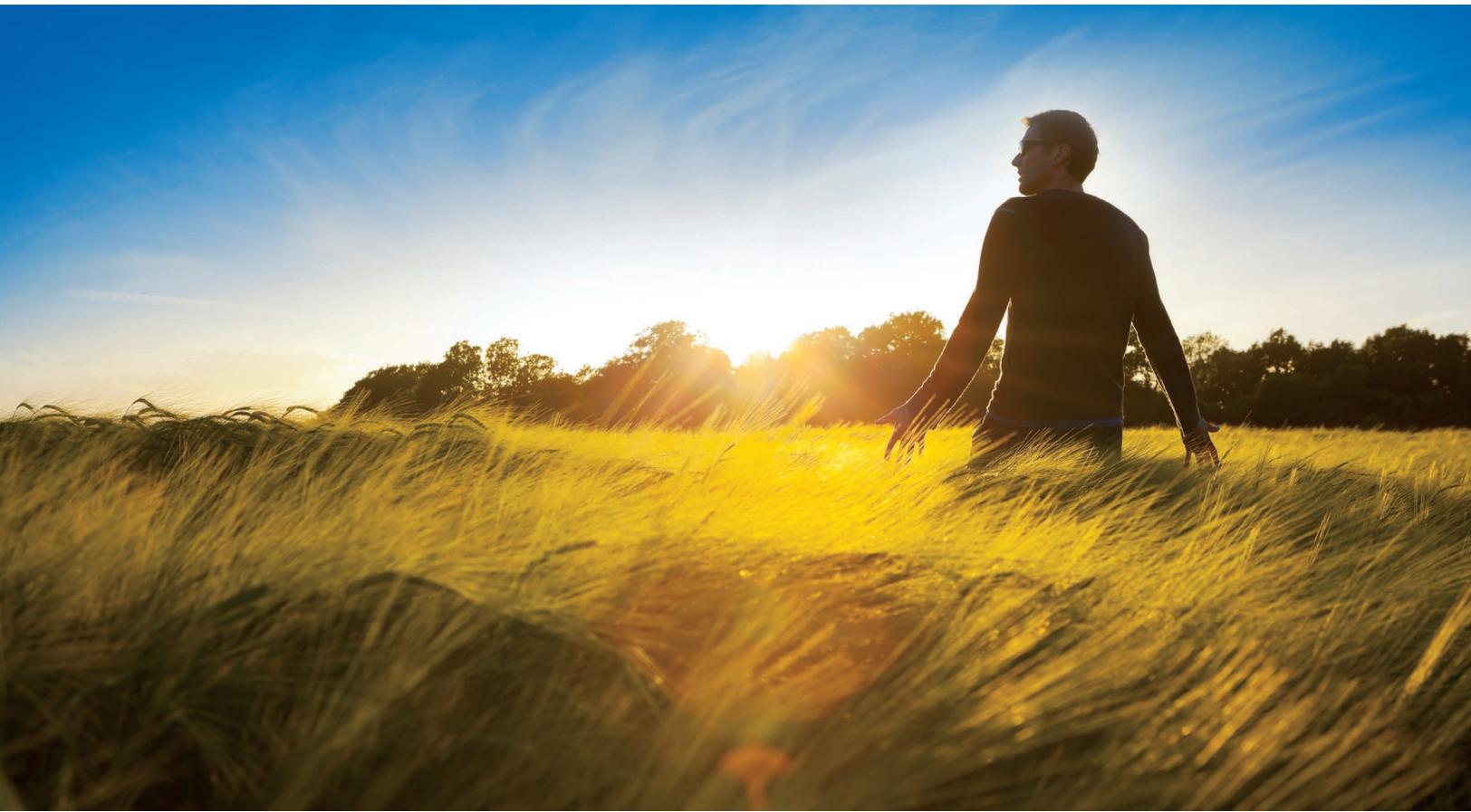
For more than 40 years, Chestnut Health Systems has provided a full continuum of substance use counseling and treatment services for adults that includes outpatient, intensive outpatient, and inpatient services.

Our clinically-licensed staff members care about our clients and are committed to helping them on their road to recovery. Each individual is assessed to properly determine what (if any) services are needed.

The GAIN assessment, developed by Chestnut's research and training division, Lighthouse Institute, is used to determine the

most appropriate services. If treatment is recommended, the individual is referred to the program that best meets his or her needs at one of our facilities in Belleville, Bloomington, or Granite City, Illinois.

Chestnut Health Systems is a not-for-profit organization that is licensed by the Illinois Department of Human Services and has been continually accredited by The Joint Commission since 1973.



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## Outpatient

Outpatient services are provided on an individual and/or group basis and are appropriate for people who are struggling with substance use and are ready to address their problems with alcohol and/or drugs. In addition, they should be motivated for change and have a supportive family or social network.

## Intensive Outpatient

Individuals participating in intensive outpatient receive individual and group services similar to outpatient but are seen on a more frequent basis. This level of care is appropriate for those who are experiencing significant substance use problems and are demonstrating a willingness to work toward an alcohol and drug-free lifestyle while remaining in their home.

## Inpatient

Inpatient services are designed for men and women who need more clinical services than our outpatient programs provide. This level of care is appropriate for people who need a structured and supportive living situation to maintain recovery from addiction and require intensive daily clinical services to help prevent further impact on their physical and emotional health.

In addition, our inpatient program offers:

- 24-hour clinical supervision
- Individual, group, and family counseling
- Catered meals
- Recreational facilities
- Access to self-help groups

## Each Program Offers:

- Individually determined lengths of stay and treatment plans
- Gender-responsive clinical curriculum
- Research tested and proven clinical curriculum
- Psychiatric consultations as needed
- Family programming

## Medically Monitored Detox:

- For individuals experiencing withdrawal from alcohol or mood altering drugs
- Phone screening
- Walk-in detoxification assessment
- Group education related to recovery
- Safe and supportive environment

## Fees

Chestnut accepts most major insurance, self pay, Medicaid, and other third party payments. Sliding fee scales are available to those clients unable to cover the full cost of treatment who meet family size, income, and residence criteria. Sliding fee scales are possible through funding from the Department of Human Services, Division of Alcohol and Substance Abuse.

### Belleville Facility

12 N. 64th St.  
Belleville, IL 62223  
Phone: 618.397.0900 Fax: 618.397.0093  
Toll-Free: 888.924.3786

Services Offered:

- Outpatient, Intensive Outpatient
- Recovery Support Services
- Assessments (by appointment)

### Bloomington Facility

1003 Martin Luther King Dr.  
Bloomington, IL 61701  
Phone: 309.827.6026 Fax: 309.820.3881  
Toll-Free: 888.924.3786

Services Offered:

- Outpatient, Intensive Outpatient, and Inpatient
- Recovery Support Services
- Walk-in Assessments M-F 8:00am-2:00pm
- Medically Monitored Detox

### Granite City Facility

50 Northgate Industrial Dr.  
Granite City, IL 62040  
Phone: 618.877.4420 Fax: 618.877.9250  
Toll-Free: 888.924.3786

Services Offered:

- Outpatient, Intensive Outpatient
- Medication Assisted Treatment (Suboxone®)
- Recovery Support Services
- Assessments (by appointment)
- Medically Monitored Detox