

SUBSTANCE USE DISORDER SERVICES

for Teens

For more than 20 years, Chestnut Health Systems has provided substance use counseling and treatment services for teens. Our services include outpatient, intensive outpatient, and gender-specific inpatient services for youth ages 13-18.

Our clinically-licensed staff members care about young people and are committed to helping them learn to live healthy, substance-free lives. Each young person is assessed to properly determine what (if any) services are needed.

The GAIN assessment, developed by Chestnut's research and training division, Lighthouse Institute, is used to determine the most appropriate services. If treatment is recommended, the young person is referred to the program that best meets his or her needs at one of our facilities in Belleville, Bloomington, or Maryville, Illinois.

Chestnut Health Systems is a not-for-profit organization that is licensed by the Illinois Department of Human Services and has been continually accredited by The Joint Commission since 1973.



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Outpatient

Outpatient services are provided on an individual and/or group basis and are appropriate for young people who are struggling with the effects of drug or alcohol use and are ready to learn new behaviors. In addition, they should have a supportive home life in order to be most successful in outpatient treatment.

Intensive Outpatient

Youth participating in intensive outpatient treatment receive individual and group services similar to outpatient but are seen on a more frequent basis. This level of care is appropriate for those young people who are experiencing significant substance use problems and are willing to work toward an alcohol and drug-free lifestyle while remaining in their home.

Inpatient

Inpatient services are designed for youth who need more clinical services than our outpatient programs provide. This level of care is appropriate for young people who need a structured and supportive living environment to maintain recovery from alcohol or drug problems and require more intensive daily clinical services to help prevent further impact on their physical and emotional health.

In addition, our inpatient program offers:

- Onsite school programming
- 24-hour clinical supervision
- Individual, group, and family counseling
- Catered meals
- Recreational facilities
- Access to self-help groups
- After care planning
- Psychiatric consultations as needed

Each Program Offers:

- Individually determined lengths of stay and treatment plans
- Gender-responsive clinical curriculum
- Research tested and approved clinical curriculum
- Family programming

Fees

Chestnut accepts most major insurance, self pay, Medicaid, and other third party payments. Sliding fee scales are available to those clients unable to cover the full cost of treatment who meet family size, income and residence criteria. Sliding fee scales are possible through funding from the Department of Human Services, Division of Alcohol and Substance Abuse.

Belleville Facility

12 N. 64th St.
Belleville, IL 62223
Phone: 618.397.0900 Fax: 618.397.0093
Toll-Free: 888.924.3786

Services Offered:

- Outpatient
- Intensive Outpatient

Bloomington Facility

1003 Martin Luther King Dr.
Bloomington, IL 61701
Phone: 309.827.6026 Fax: 309.820.3881
Toll-Free: 888.924.3786

Services Offered:

- Outpatient
- Intensive Outpatient

Maryville Facility

2148 Vadalabene Dr.
Maryville, IL 62062
Phone: 618.288.3100
Fax: 618.288.3371
Toll-Free: 888.924.3786

Services Offered:

- Outpatient
- Intensive Outpatient
- Inpatient (separate units for boys and girls)