

A-CRA/ACC Certification Requirements

A-CRA Certification

- Sites agree to have one clinical supervisor achieve Local Agency A-CRA Clinical Supervisor Certification (described below).
- Sites agree to have all clinicians working on the project achieve A-CRA Certification (described below).
- As of August 2009: Out of 108 certified clinicians, it took an average of 38.4 weeks and 21.46 DSRs to reach certification.
- As of August 2009: Out of 38 certified supervisors, it took an average of 34.8 weeks, 2.65 supervision DSRs, and 12 DSR matching ratings to reach certification.

Required for both Clinical Supervisor and Clinician Certification

- Read the A-CRA manual prior to attending training.
- Complete knowledge tests on A-CRA before attending training and score above 80%.
- Attend the four-day A-CRA/ACC training. Participation for the complete training is required. The site clinical supervisor has to attend the training before or at the same time as the first clinician. After the supervisor is certified, he/she may train additional clinicians at the local site and recommend clinicians for certification. Please note that supervision certification is expected to take several months. If your site is grant-funded to implement A-CRA, it is strongly recommended that clinicians attend the training that is being paid for by the funder.
- Participate in teleconferences every other week for A-CRA/ACC coaching (dial in conference call number and ID code will be provided; calls will not cost trainee).

Additional Requirements for A-CRA Clinical Supervisors

- During the weeks when the bi-weekly coaching teleconferences are not scheduled, the clinical supervisor will conduct a supervision session. During this session, the supervisor will discuss the case review report (generated from EBTx.org), and provide feedback on clinical sessions after listening to Digital Session Recordings (DSR) and completing the A-CRA checklist. We recommend that each clinician gets an individual supervision session.
- Demonstrate during recorded supervisor sessions which should begin within **four** weeks of training and uploaded to EBTx.org:
 - Competency in using the case review report.
 - Reinforcement of competent use of the procedures.
 - Constructive feedback to improve one or more aspects of the procedure or technique.
- Using EBTx.org, upload ratings and comments related to at least one clinician's DSR weekly (the clinician(s) will be uploading the same audio files for their certification process). These ratings should begin within **four** weeks of training.
 - This requirement necessitates that the supervisor has sufficient time available to rate sessions of all clinicians at least weekly.
- Achieve high consistency (80% or better) with the expert rater for at least **six** A-CRA sessions (do not have to be the same clinician or client). Supervisors will receive feedback on each rating.
- Demonstrate during coaching calls an understanding of the A-CRA/ACC supervision process.
- Be approved by the lead trainers, which will require submission and approval of other recorded supervision sessions.

Additional Requirements for Clinicians

- Begin recording sessions within the first **three** weeks after completing training; continue to record and upload all DSRs to EBTx.org. E-mail EBTx@chestnut.org the file name of a DSR to

be reviewed each week. [Usually the goal would be to identify a ‘good’ session. Good sessions are ones during which the clinician was able to use complete procedures. It is also important to vary which procedures are represented, to help with certification across procedures.]

- On the DSRs, the clinician must demonstrate:
 - A positive, supportive, relationship-enhancing tone to the sessions (i.e., receiving rating of 3 or greater in each of the General Clinical Skills areas, shown with not less than six DSRs).
 - Competency in the following A-CRA procedures (i.e., receiving rating of 3 or greater in each of the following areas, across six DSRs): FA of Use, FA of Pro-social behavior, Happiness Scale, Treatment Plan/Goals of Counseling, Communication Skills, Problem Solving Skills, Adolescent-Caregiver Relationship Skills, and Homework.
 - If your site serves Transition Age Youth, you will also be required to demonstrate competency in Relationship Skills and Job Seeking Skills.
- Follow the established DSR submission process. This process requires using the digital recorders provided (additional recorders may be purchased by site) and uploading DSR files to EBTx.org.
- Participate at least weekly in supervision sessions with their site clinical supervisor or the expert team.
- Enter the A-CRA session data after each session on the EBTx.org website.

Important Note: Certification in the nine core procedures must be completed within six months of training. Full certification (nine core procedures plus ten additional procedures) must be complete within one year of training. If these deadlines are not met, trainees will incur additional costs for DSR reviews or may be required to repeat the initial training sequence. The formula used to calculate cost for DSR reviews is as follows: Number of remaining procedures X rate per DSR review (\$100.00) X 2. For example, if the clinician has three procedures remaining after one year, the additional cost will be \$600.00 (3 X 100 X 2).

After A-CRA Supervision Certification

- Supervisors can *certify* clinicians at their local site in A-CRA once the clinician has attended a national A-CRA/ACC training held by Chestnut Health Systems/RJM and Associates and completed all the requirements listed above pertaining to the A-CRA Clinician certification process.
- The supervisor should e-mail the EBT Coordinator the certification workbooks for clinicians completing the A-CRA certification process monthly by the first Monday of each month.
- When a supervisor assesses that a clinician is ready for certification, he or she is required to e-mail the EBT Coordinator the completed clinician certification workbook. The expert team will choose 3 of the clinician’s most recent DSRs for review to confirm certification.
- Supervisors can *train and certify* clinicians at their local site in A-CRA once they have 1) provided Chestnut Health Systems with a training agenda that is approved prior to training, 2) provided documentation that a clinician has completed the training as planned, and 3) followed the certification guidelines outlined above pertaining to the A-CRA Clinical Supervisor certification process.

After A-CRA Clinician Certification

- Clinicians can provide A-CRA under the ongoing supervision of an A-CRA clinical supervisor. They will continue to record and upload sessions and session data to EBTx.org.
- After certification, EBTx@chestnut.org will continue to rate one DSR chosen at random for a fidelity check every other month.

ACC Certification

- Sites agree to have one clinical supervisor achieve Local Agency ACC Clinical Supervisor Certification (described below).

- Sites agree to have clinicians designated as ACC clinicians achieve A-CRA Certification (described above) and ACC Certification.

Required for both Clinical Supervisor and Clinician Certification

- All of the above which is described for A-CRA certification
- Read the ACC manual prior to attending training.
- Complete knowledge test on ACC before attending training and score above 80%.
- Attend the four-day A-CRA/ACC training. Participation for the complete training is required. The site clinical supervisor has to attend the training before or at the same time as the first clinician. After the supervisor is certified, he/she may train additional clinicians at the local site and recommend clinicians for certification. Please note that supervision certification is expected to take several months. If your site is grant-funded to implement ACC, it is strongly recommended that clinicians attend the training that is being paid for by the funder.
- Participate in teleconferences every other week for A-CRA/ACC coaching (dial in conference call number and ID code will be provided; calls will not cost trainee).

Additional Requirements for ACC Clinical Supervisors

- During recorded supervision sessions demonstrate the ability to review, praise, and/or provide suggestions to the clinician:
 - About linking the client to ACC.
 - About the frequency or content of mid-week telephone calls
 - About the clinician’s discussion and assistance with probation, school, or other needs.

Additional Requirements for ACC Clinicians

Based on a report derived from the session log, the clinician must:

- Link no less than 50% of clients to first ACC session within 14 days of discharge from the previous treatment episode.
- Complete mid-week telephone calls no less than 60% of the weeks (per client) in ACC for the purpose of next session reminders, monitoring homework completion, barrier reduction for homework completion, or to provide support (e.g., completed calls for 7 out of 12 weeks)
- Assist no less than 80% of the ACC clients with probation, school, or other needs.

After ACC Supervision Certification

- Supervisors can *certify* clinicians at their local site in ACC once the clinician has attended a national A-CRA/ACC training held by Chestnut Health Systems/RJM and Associates and completed all the requirements listed above pertaining to the ACC Clinician certification process.
- Supervisors should provide Chestnut Health Systems with the case review report indicating the clinician has met the requirements for ACC certification and assure this data is accurate.
- Supervisors can *train and certify* clinicians at their local site in ACC once they have, 1) provided Chestnut Health Systems with a training agenda that is approved prior to training, 2) provided documentation that a clinician has completed the training as planned, and 3) followed the certification guidelines outlined above pertaining to the A-CRA/ACC Clinical Supervisor certification process.

After ACC Clinician Certification

- Clinicians can provide ACC under the ongoing supervision of an ACC clinical supervisor. They will continue to record and upload DSRs and session data to EBTx.org.