

GAIN-I Recommendation and Referral Summary (G-RRS)

Name: Phillip

Evaluator:

Date of Birth: 10/10/1984

Screening Date: 07/16/2002; 100 min.

Presenting Concerns and Identifying Information

Phillip is a 17 year old, Caucasian/White (Self described as "WHITE") male who has never been married and who has <<Prompt - number of children>> children. He presented as a typically groomed individual . He was referred to Chestnut Health Systems by <<Prompt - Referred by>>. Phillip stated that the reason for coming to Chestnut Health Systems was because <<Prompt - Enter reason for coming to treatment>>. <<Prompt - Expand on reason referred>> Phillip last attended school or training within the past two days at <<Prompt for name of school>> and has completed through grade 10. Phillip reported working 1 to 3 months ago at <<Prompt for name of job>>. <<Prompt - Enter custody arrangements, living situation, current address, parents' marital status, addresses of relevant parents/guardians>>

Below is a five axis diagnostic summary of Phillip's problems. This is followed by a narrative summary of the evaluation procedures, a detailed substance use diagnosis and treatment history, an assessment of placement and service needs, and the evaluator's recommendations for specific services and level of care/program placement to best address them.

DSM-IV/ICD-9 Diagnoses

<<Prompt—"Reconcile self-report vs. staff impression on all five axes">>

Assessor Comments	<<Prompt - Enter additional comments or specify if none>>
Current Treatment	None reported.
Current Medications	None reported.
Current Allergies	None reported.

Axis I: Clinical Disorders/Focal Conditions

304.90	Substance Dependence, NOS - Early Partial Remission Rule out 304.90 Substance Dependence with other information (Overall) Substance Use Disorder Specifier: with physiological tolerance symptoms (Overall) Substance Use Disorder Specifier: with physiological withdrawal symptoms
314.00	Attention Deficit Hyperactive Disorder - Inattentive Type
312.80	Conduct Disorder

Axis II: Personality Disorders/Mental Retardation

None reported

Axis III: General Medical Conditions

None reported

Axis IV: Psychosocial and Environmental Problems

- Weekly intoxication among peers
- Substance use among peers
- Weekly fighting among peers
- Special or alternative education program
- Academic problems
- Arrested in the past 90 days
- Probation or parole violations in the past 90 days
- On probation
- Other legal system involvement
- High lifetime history of traumatic victimization

Axis V: Average Clinical Functional Assessment Ratings

None reported

Evaluation Procedure

As part of Phillip's evaluation, the Global Appraisal of Individual Needs (GAIN) was orally administered by staff. The evaluator reported no problems in providing a quiet, private environment and observed that Phillip appeared: anxious or nervous; cooperative. Additional sources of information consulted during Phillip's evaluation include: <<*Prompt – Enter other sources of information (if consulted) used as part of evaluation (e.g. urine test results, Family History Questionnaire, CAF, probation, etc)*>>

**Substance Use Diagnoses and Treatment History
(ASAM criteria A)**

Phillip reported first using alcohol or drugs at age 13 and liking to use "MARIJUANA" the most. He did not think substance abuse treatment was needed. He reported last using: alcohol to intoxication; marijuana, hashis, blunts or other forms of THC 3 to 7 days ago; "NITROUS OXIDE" 4 to 12 months ago; acid, LSD, ketamine, special K, mushrooms or other hallucinogens over one year ago. During the evaluation, Phillip reported 6 lifetime symptoms related to substance dependence. In the past month, he reported: having withdrawal problems from alcohol or drugs like shaking hands, throwing up, having trouble sitting still or sleeping, or using any alcohol or drugs to stop being sick or avoid withdrawal problems; being unable to cut down or stop using alcohol or drugs; giving up, reducing, or having problems at important activities at work, school, home, or social events because of alcohol or drug use. Over the past 2-12 months, he reported: needing more alcohol or drugs to get the same high or found that the same amount did not produce the same as high as it used to; using alcohol or drugs in larger

amounts, more often or for a longer time than intended; spending a lot of time either getting alcohol or drugs, using them, or feeling the effects of them (high, sick). When asked about signs and symptoms related to substance abuse, he endorsed 3 lifetime problem(s) in this area. In the past month, he reported: continuing to use alcohol or drugs even after knowing that it could lead to fights or other kinds of legal trouble. <<*Prompt - Enter other substances used reported by collateral or urine test results*>>

History of Substance Abuse Treatment Phillip reported no history of being in a detoxification program. He reported a history of participating in self-help group meetings, none in the past 90 days. The last time Phillip received any kind of substance abuse treatment was 4 to 12 months ago. He is not currently in treatment and is not taking medication for substance use problems. Below is his history of formal substance abuse treatment:

Type of Treatment	Number of Admissions/Episodes
• Emergency room	0 time(s)
• Residential, inpatient, or hospital program	1 admission(s)
• Intensive outpatient or day program	0 admission(s)
• Regular outpatient program	0 admission(s)
• Medication (like methadone or antabuse)	0 time(s)
• "Other"	0 time(s)

Level of Care and Service Needs (ASAM Criteria B)

<<*Prompt – Enter collateral information obtained about problems in relevant areas*>>

Dimension B1 - Acute Alcohol and/or Drug Intoxication and/or Withdrawal Potential

Phillip scored in the no/minimal range of the Current Withdrawal Scale. Phillip stated last using any substance 3 to 7 days prior to the evaluation.

Based on this information, the evaluator recommends <<*Prompt: Enter "Monitoring for change in intoxication or withdrawal symptoms", or "ambulatory detoxification services related to withdrawal", or "inpatient detoxification services related to current intoxication and withdrawal".*>>

Dimension B2 - Biomedical Conditions and Complications

Overall Health and Pain Assessment: He scored in the no/minimal range of the Health Problems Scale, reporting that in the past 90 days he was not bothered by health problems and was not kept from meeting his responsibilities.

Nutrition and Exercise. Phillip reported standing about 72 inches tall and weighing approximately 150 pounds without shoes. According to these statistics, Phillip's Body Mass Index (BMI) is 20.3, a score which suggests he is of average weight. During the past 90 days, Phillip described going <<*Prompt - days without eating*>> days without eating or throwing up much of what was eaten and exercising for at least 20 minutes on <<*Prompt - No. days exercised*>> days.

Sexual Activity and Orientation. Phillip reported last having any kind of sex with another person more than 12 months ago.

Treatment History for Health Problems. Phillip reports no history of 1 emergency room admission and medication currently being taken for allergies or health problems. The last time he was seen by a doctor or nurse about a health problem was 4 to 12 months ago. He is not currently being treated.

Based on this information, the evaluator recommends <<*Prompt: Enter "Monitoring for change physical health (and medication compliance) ", or "the following specific accommodations for medical conditions required to participate in treatment: List out", or "a more detailed medical assessment (including nutritional guidance)", or "referral for the following specific medical services: List out". >>*

Dimension B3 - Emotional, Behavioral, or Cognitive Conditions and Complications

Emotional Conditions. Phillip scored in the no/minimal range of the Internal Mental Distress Scale. He described experiencing the following significant problems over the past 12 months: feeling very trapped, lonely, sad, blue, depressed, or hopeless about the future; feeling easily annoyed, irritated, or having trouble controlling a temper; losing or gaining 10 or more pounds when not trying to. He reported last feeling significantly disturbed by any kind of nerve, mental, or psychological problems 1 to 4 weeks ago and on 8 out of the past 90 days. Phillip did not report thinking about killing or hurting someone else.

Behavioral Conditions. Phillip scored in the moderate range of the Behavior Complexity Scale. Over the past 12 months, Phillip endorsed experiencing the following problems 2 or more times: making mistakes because of not paying attention; having a hard time paying attention at school, work, or home; not following instructions or not finishing assignments; having a hard time staying organized or getting everything done; losing things that were needed for school, work, or home; being forgetful or absentminded; fidgeting or having a hard time keeping still when supposed to; giving answers before the other person finished asking the question. Over the past 12 months, he endorsed engaging in the following behaviors 2 or more times: bullying or threatening other people; staying out at night later than a parent or partner wanted; skipping work or school. He reported last having problems paying attention, controlling behavior, or breaking rules within the past two days and on 60 out of the past 90 days.

Arguing and Aggression. During a disagreement in the past 12 months, Phillip described: discussing it calmly and settling the disagreement; leaving the room or area rather than argue; insulting, swearing, or cursing at someone; threatening to hit or throw something at another person; pushing, grabbing, or shoving someone; slapping another person; kicking, biting or hitting someone. He reported last

swearing, cursing, threatening someone, throwing something, pushing or hitting someone in any way during an argument 3 to 7 days ago and that this behavior occurred on 10 out of the past 90 days.

Illegal Activity and Juvenile Justice Systems Involvement. Phillip reported a lifetime history of 10 arrests. During the past 90 days, he reported the following: on probation 90 days. Phillip reported drunkenness or other liquor law violation; possession, dealing, distribution or sale of drugs; probation or parole violations; status or other offenses ("PARAPHENLIA"). He reported that he was: awaiting a trial; awaiting sentencing; on probation; other legal system involvement ("COMMUNITY SERVICE SENTENCE"). <<*Prompt - If applicable, enter next court date or other important legal system date*>> He stated he last engaged in any behavior that might result in getting into trouble or be against the law (besides using alcohol or drugs) more than 12 months ago.

Cognitive Conditions. Phillip scored in the no/minimal range of the Cognitive Impairment Screen at the time of the evaluation. The evaluator observed no indications of developmental disabilities and no evidence of cognitive impairment. Phillip reported a history of attendance in special education classes or services or an alternative school program.

Treatment History for Emotional, Behavioral, or Cognitive Problems. According to self-report, Phillip was diagnosed by a doctor, nurse or counselor with: attention-deficit/hyperactivity disorder; depression, dysthymia or other mood disorder. Phillip stated that he last received treatment for a mental, emotional, behavioral, or psychological problem 1 to 3 months ago. During the past 90 days, he reported: visiting a doctor in an office or outpatient clinic 4 times. Phillip is currently receiving treatment from "DR. HOLLY", where treatment has been received for the past <<*Prompt - enter time frame*>>.

Based on this information, the evaluator recommends <<*Prompt: Enter "Monitoring for change in mental health (and medication compliance)", or "the following specific accommodations for psychological conditions required to participate in treatment: List out", or "a more detailed psychological assessment ", or "referral for the following specific psychological services: List out".*>>

Dimension B4 – Readiness to Change

At the time of the evaluation, Phillip acknowledged problems related to alcohol or drug use and currently felt there was no source of pressure to be in alcohol or drug treatment. Phillip's responses suggested high motivation for treatment, and no/minimal resistance to treatment.

Based on this information, the evaluator recommends <<*Prompt - Enter "Monitoring for change in readiness for change", or "the following assistance to help address treatment resistance: List out", or "individual motivational enhancement sessions", "the following specific services to help maintain motivation to stay in recovery: list out".*>>

Dimension B5 – Relapse, Continued Use, or Continued Problem Potential

Combined with the problems above and risks from the recovery environment below, the following conditions are possible influences on Phillip's risk of relapse or continued use.

- Reported 3 or more symptoms of dependence/abuse in the past month
- First used substances or got drunk under the age of 15
- Continued substance use despite prior treatment

Based on this information, the evaluator recommends <<*Prompt - Enter "Monitoring for change in relapse potential", or "relapse prevention skills groups", or "increased structure to reduce environmental risks of relapse", or "the following specific steps to reduce continued use/relapse potential: list out".*

Dimension B6 - Recovery Environment

The following are features of Phillip's environment that may be critical to recovery:

Family/Home Environment. During the past year, Phillip reported living with the following: parents; brothers or sisters over 12. He also reported that there was active parental involvement in his life. Phillip reported that of the people he regularly lived with during the past year: all were employed or in school or training full-time, none were involved in illegal activity, none got drunk weekly, a few used drugs during the past 90 days, none shouted, argued, and fought most weeks, none have been in drug or alcohol treatment, and none would describe themselves as being in recovery.

School Environment. Phillip reported last attending school or training at <<*Prompt - Name of school*

Work Environment. Phillip reported last working at <<*Prompt - name of last employer*

Social Network Environment. Phillip stated that of the people he had regularly worked or gone to school with during the past year: all were employed or in school or training full-time, none were involved in illegal activity, most got drunk weekly, most used drugs during the past 90 days, none shouted, argued, and fought most weeks, none have been in drug or alcohol treatment, and none would describe themselves as being in recovery. He reported that of the people he had regularly socialized with during the past year: most were employed or in school or training full-time, none were involved in illegal activity, none got drunk weekly, all used drugs during the past 90 days, all shouted, argued, and fought most weeks, most have ever been in drug or alcohol treatment, and a few would describe themselves as being in recovery.

Other

Date

Additional Staff Notes to Incorporate Above or Delete