



## New program for drug abusing teens in New Orleans area seeking full- and part-time family therapists

**Competitive salary offered** for energetic and clinically talented therapists to provide an empirically validated family therapy approach with drug abusing teens in St. Charles Parish, Louisiana. This new federally funded program trains a new team of therapists to deliver Multidimensional Family Therapy, one of the most effective treatments for teen drug abuse, with youth and families in the New Orleans area affected by Hurricane Katrina. In addition to competitive salary, benefits include intensive training and supervision in effective family-based treatment, working on a cohesive team with strong community ties, and low case load.

The program is based at The Center for Family and Youth Services, a private non-profit organization that has been providing family-based substance abuse treatment and other services to adolescents in St. Charles Parish since 1998. CFYS is collaborating with the Center for Treatment Research on Adolescent Drug Abuse (CTRADA) (see center website <http://www.miami.edu/ctrada>) at the University of Miami Miller School of Medicine on this new project. CTRADA develops, tests, and disseminates effective interventions for drug abusing and delinquent adolescents and their families. Together, CFYS and CTRADA are recruiting therapists to work at CFYS (in Luling, LA, approximately 15 minutes from the New Orleans airport) who have experience with and interest in doing family-based interventions with clinically referred, drug using and juvenile justice involved adolescents and their families.

**Available Positions** – Full- and part-time masters-level family therapists will be hired. Masters in family therapy, social work, counseling, psychology or related field and relevant experience required.

**MDFT Background.** Multidimensional Family Therapy (MDFT) Liddle, 2002 has been developed and refined over the past 20 years as an outpatient family-based treatment system for adolescent substance abuse and related problems. It has been recognized internationally and by U.S. government funding agencies and foundations as among the best approaches for treating adolescent substance abuse, including:

- Multidimensional Family Therapy certified as a Substance Abuse and Mental Health Services Administration [SAMHSA] Model Program, Center for Substance Abuse Prevention (2005) <http://www.modelprograms.samhsa.gov/>
- Communities That Care (2004) "Prevention Strategies Guide:" <http://www.channing-bete.com/positiveyouth/pages/CTC/CTC.html>
- Drug Strategies (2003) "Treating Teens: A Guide to Adolescent Drug Programs" <http://www.drugstrategies.org/teen>
- United States Department of Health and Human Services (2002) "Best Practices Initiative" for Adolescent Drug Abuse: [http://phs.os.dhhs.gov/ohps/BestPractice/mdft\\_miami.htm](http://phs.os.dhhs.gov/ohps/BestPractice/mdft_miami.htm)
- Center for Substance Abuse Treatment (CSAT publishes MDFT Manual used in the Cannabis Youth Treatment Multisite Study; download at [http://www.chestnut.org/LI/cyt/products/MDFT\\_CYT\\_v5.pdf](http://www.chestnut.org/LI/cyt/products/MDFT_CYT_v5.pdf)
- National Institute on Drug Abuse Principles of Drug Addiction Treatment: A Research Based Guide <http://165.112.78.61/PODAT/PODAT10.html>
- Download the MDFT Fact Sheet from our website for easy navigation to the links provided <http://www.miami.edu/ctrada>

Please send **letters of inquiry and resume** via e-mail to Dr. Cindy Rowe, Research Assistant Professor, Center for Treatment Research on Adolescent Drug Abuse, University of Miami School of Medicine ([crowe@med.miami.edu](mailto:crowe@med.miami.edu)) or fax at 305 243-3651; mail can be sent to Dr. Rowe at CTRADA, University of Miami School of Medicine, 1400 NW 10<sup>th</sup> Avenue, Dominion Tower (R669), Miami, Florida 33136 (phone 305.243.3653).