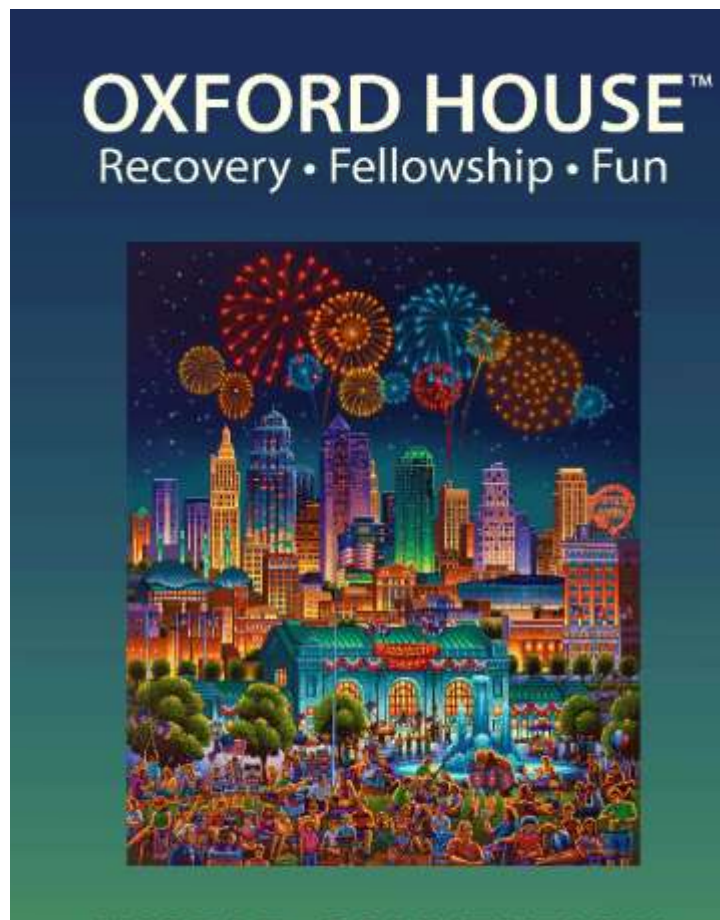


Oxford House, Inc.
Annual Report FY 2018

Oxford House™

Self-run, Self-supported Recovery Housing



*Oxford House 2018 Convention Poster
Kansas City, Missouri*

Oxford House, Inc.
1010 Wayne Avenue, Suite 300
Silver Spring, Maryland 20910

www.oxfordhouse.org

About Oxford House, Inc.

Oxford House, Inc. [OHI] is the Delaware nonprofit, 501(c)(3) corporation that serves as the umbrella organization of the worldwide network of more than 2,500 individual Oxford Houses. Its central office is at 1010 Wayne Avenue, Suite 300, Silver Spring, Maryland 20910. The Oxford House™ program can be developed on a national scale at very low cost and it fosters recovery without relapse.

Oxford House™ is a concept and system of operations based on the experience of recovering alcoholics and drug addicts who learned that behavior change is essential to recovery from alcoholism and drug addiction. They also learned that Oxford House provided the living environment that could help them become comfortable enough with abstinent behavior to stay clean and sober without relapse.

The Oxford House Manual® is the basic blueprint that provides the organization and structure that permit groups of recovering individuals to successfully live together in a supportive environment. All Oxford Houses are rented ordinary single-family houses in good neighborhoods. There are Oxford Houses for men and Oxford Houses for women but there are no co-ed houses. The average number of residents per house nationally is about 8 with a range per house of 6 to 16.

Oxford Houses work because they: (1) have no time limit for how long a resident can live in an Oxford House; (2) follow a democratic system of operation; (3) utilize self-support to pay all the household expenses; and (4) adhere to the absolute requirement that any resident who returns to using alcohol or illicit drugs must be immediately expelled. Oxford House provides the missing elements needed by most alcoholics and drug addicts to develop behavior that assures total abstinence. It provides the time, peer support and structured living environment necessary for long-term behavior change to take hold.

Individuals living in an Oxford House learn or relearn values and responsible behavior and, slowly but surely, they develop long-term behavior to assure comfortable sobriety – forever. Some individuals live in Oxford Houses a few months; others for many years. By using participatory democracy and self-support, alcoholics, drug addicts and those with co-occurring mental illness achieve long-term recovery.

After 44 years of steady growth and successful recovery outcomes, Oxford House™ has been proven to work. It is also a very cost-effective way to support long-term recovery from alcoholism, drug addiction and co-occurring mental illness. At the end of 2018, there were more than 2,500 Oxford Houses with over 20,000 beds throughout the country.

Oxford House has been listed as a best practice on the National Registry of Evidence-based Programs and Practices [NREPP] and was singled out as an effective tool for long-term recovery in the U.S. Surgeon General's report: "Facing Addiction in America: The Surgeon General's Report on Alcohol, Drugs, and Health, 2016."

Silver Spring, Maryland
January 30, 2019

Board Members

Jerry Conlon, Chairman
Former Executive
CNW Railway
Evanston, IL 60201

William C. Paley*
William C. Paley Foundation
Washington, DC 20036

William Newman
Attorney, District of Columbia
Washington, DC 20006

Judy O'Hara
Attorney, District of Columbia
Washington, DC 20036

Col. Kenneth Hoffman, M.D.
Retired US Army
Rockville, MD 20850

J. Paul Molloy*
Chief Executive Officer
Oxford House, Inc.
Silver Spring, MD 20910

James McClain*
Retired USPS
Temple Hills, MD 20748

Thomas O'Hara
Former Executive
Prudential Securities
McLean VA 22102

Janice E. Jordan
Retired Virginia BHDS
Glen Allen, VA 23060

Robert L. DuPont, M.D.
Institute for Behavior and
Health, Inc.
Rockville, MD 20852

Stuart Gitlow, M.D.
Past President, ASAM
Woonsocket, RI 02895

Tim Ring*
World Council Chairperson
Oklahoma City, OK 73120

* Alumnus or Resident

TABLE OF CONTENTS



National Profile 2

Message from the CEO 3

Management Report 5

Oxford House: Recovery - Fellowship – Fun 8

Opioid Addiction and Oxford House Living 10

Respect and Tolerance 12

The Oxford House Family 14

Trust But Teach 18

2018 Oxford House World Convention 20

FY 2018 Financials 27

A Few Houses in the Oxford House Network 31

NEXT OXFORD HOUSE WORLD CONVENTION Washington, D.C. August 29 -September 1, 2019



NATIONAL PROFILE

Good Houses in Good Neighborhoods



Oxford House – Uptown
New Orleans, Louisiana

Oxford House – Uptown (pictured at the left) is an Oxford House for 9 men that was established in New Orleans on July 1, 2004. It is one of 123 Oxford Houses in Louisiana. It has been home to 85 men in recovery. Only 17 have had to leave because of relapse. It is an example of how Oxford Houses continue year after year.

There are houses for men; houses for women; houses for women with children; and houses for men with children. There are no co-ed houses.

Creating an Effective National Recovery Network One House at a Time

National Oxford House Profile¹

Number of Houses for Women	777	Recovery Beds for Women	6,009
Number of Houses for Men	1,765	Recovery Beds for Men	14,213
Total Number of Houses	2,542	Total Recovery Beds	20,222
Number of States with Houses	45	Towns with Oxford Houses	487

Resident Profile²

Average Age of Residents	38.8	Percent Veterans	13%
Average Educational Level	12.2 Yrs.	Range of Educational Level	3-19 Yrs.
Average Cost/Person Per Week:	\$132	Average Rent/Group/Month	\$1,426
Residents Working	92%	Average Monthly Earnings	\$1,895
Percent Addicted to Drugs and Alcohol	72%	Percent Addicted to Only Alcohol	28%
Race --		Marital Status --	
White	65%	Never Married	44%
Black	41%	Separated	18%
Other	4%	Divorced	33%
		Married	5%
Prior Homelessness	64%	Average Time Homeless	5.2 Mos.
Prior Jail	76%	Average Jail Time	11 Mos.
Average AA or NA Meetings Per Week	4.6	Percent Going To Counseling <u>plus</u> AA/NA	45%
Average Length of Sobriety of House Residents	12.4 Mos.	Residents Expelled Because of Relapse	18.9%
Average Length of Stay In an Oxford House	9.3 Mos.	Average No. of Applicants For Each Vacant Bed	4.4

Oxford House Fast Facts

- **20,222 - Number of Oxford House Recovery Beds**
- **2,542 - Number of Oxford Houses as of December 31, 2018**
- **45 - Number of States having Oxford Houses**
- **487 - Number of towns and cities having Oxford Houses**
- **\$1,895 - Average monthly income of residents**
- **\$132 - Average weekly share of expenses paid by Oxford House residents**
- **64% of Oxford House residents had been homeless for an average total period of 5 months**
- **72% addicted to drugs and alcohol; 28% only alcohol**
- **76% had done jail time connected to their addiction**
- **12.4 months - Average length of sobriety**
- **296 - New Oxford Houses started CY 2018 (131 houses for women; 165 for men)**
- **2,397 - Total CY 2018 Added Recovery Beds (1,373 for men; 1,024 for women)**
- **CY 2018 residents: 40,404 with 18.9% expelled because of relapse.**

¹ Total number of houses, beds and locations as of December 31, 2018.

² Resident profile as of July 30, 2018 based on OHI surveys of 5,368 residents in TX, DE, DC, OR, NC, LA, WA, and OK plus house reports.

MESSAGE FROM THE CEO

The Oxford House™ model is 44 years old and is an important national tool for supporting long-term recovery from addiction. More than 450,000 people have lived in an Oxford House since inception and most have not relapsed. Oxford House enables individuals with substance use disorders (whether addicted to alcohol, heroin or other drugs) to gain the time, peer support and structure needed to change from the chaos of addiction to the comfort of a purposeful life well lived. Since inception, the sole focus of Oxford House has been on providing a recovery housing program that supports long-term recovery without relapse. That's been its only purpose since it began. It worked then and it works now.

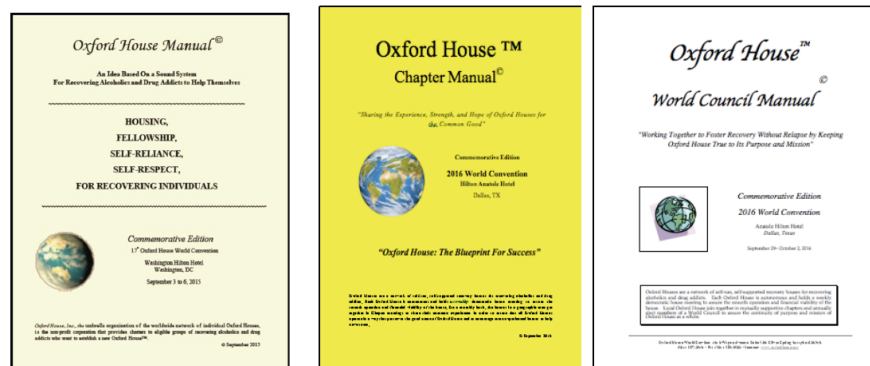
I've been asked where Oxford House fits today when the national focus is on the opioid crisis. After all, the founders and most early residents were alcoholics. The fact is that the Oxford House model is as relevant today as it ever was – if not more so! Street drugs may be more potent but the conditions needed to achieve long-term recovery remain constant. Medication and treatment may save lives in the near term but recovery models like Oxford House are essential for providing the time and peer support needed to achieve the long-term behavior change that supports recovery without relapse.

Oxford House, Inc. (OHI) has never been focused on owning property or accumulating wealth. All Oxford Houses are ordinary houses that are rented by the group and the residents share the rent and other household expenses equally. That means that living in an Oxford House is relatively cheap and there are no residency time limits; residents can live in an Oxford House as long as they want – as long as they follow the charter rules.

The charter becomes the entry point for any group to start an Oxford House. In addition to requiring that the group accommodate six or more individuals, the charter sets forth three basic standards: [1] the group must be democratically self-run following the process and procedures of the Oxford House Manual®; [2] the group must be financially self-supporting; and [3] the group must immediately expel any resident who returns to drinking alcohol or using illicit drugs.

Any group of six or more recovering persons can be granted a charter and at no charge. Initially the charter is granted on a probationary basis and, during the first six months, a group must demonstrate that it understands the Oxford House system of operations. Once a new group understands the system, the House is granted a permanent charter.

Key Manuals To Keep Oxford Houses On Track



up the acceptance of new residents and the expulsion of residents who relapse. If you ask ten residents, “Who manages the house?”, nine out of ten will respond: “Oh, the inmates run the asylum and it works just fine, thank you.”

The self-run feature of Oxford House has two main advantages: [1] it saves expenses by not having a paid staff running the House and [2] it builds self-esteem since each resident takes pride in the self-management of the House. Self-esteem is particularly important because it is tied to commitment to recovery. The absence of a residency time limit is important because everyone in recovery masters recovery at a different pace.

HOUSE OFFICERS

President
Secretary
Treasurer
Comptroller
Chore Coordinator

It is pretty easy to find a good house to rent in a nice neighborhood but it was not very easy in the early days of expansion. Fortunately, OHI has provided the oversight and civil rights protection needed to put houses in good neighborhoods. The first five Oxford Houses in New Jersey all faced NIMBY (not-in-my-back-yard) zoning problems. It was only through the persistence of OHI that litigation resolved those cases in our favor. In 1995, a Washington State case – *City of Edmonds, WA v. Oxford House, Inc.* reached the U.S. Supreme Court. OHI won and has also won similar civil rights cases with respect to landlord insurance coverage and fire safety issues. OHI continues to help individual Oxford Houses combat discrimination. We are a functional family and act together to protect our civil rights.

As soon as several Oxford Houses exist in an area, a chapter is formed and Houses help each other stay on track by having monthly meetings and frequent workshops. Some states already have more than 20 chapters. As the number of chapters in a state grow, chapters form state associations to organize statewide conventions to teach and learn more about addiction and recovery. Education is always ongoing and has a side benefit of community and socialization. Most of us have been ‘bowling alone’ for too long and need to become part of a larger social community. We work at being good neighbors and good citizens and, in return, we get respect and long-term freedom from the tyranny of addiction.

OHI employs outreach workers to help groups of recovering individuals open new Oxford Houses. Expansion is greatest where OHI receives financial support from states, localities and behavioral health organizations and where there is a start-up loan fund that permits new Oxford Houses to get no-interest loans to help cover start-up expenses. Start-up loans were initially authorized by the U. S. Congress in 1988 and have proved an important catalyst for expansion. Recovery requires more than treatment. There is enhanced recognition that the evidence-based Oxford House model greatly increases the likelihood that an individual will achieve long-term recovery without relapse. In the coming year, OHI anticipates further expansion to help address the current crisis.

Once a year, residents and alumni from around the country gather for an annual convention. The 2018 convention was held in Kansas City, MO and more than 1,600 attended. Most realized that living in an Oxford House makes recovery fun. If recovery were not fun, what alcoholic or drug addict would ever stay in recovery? The 2019 national convention will be in Washington, DC over Labor Day weekend. Join us there.



MANAGEMENT REPORT

FY 2018 was another successful year for Oxford House, Inc. (OHI). Over the course of the year, the total number of Oxford Houses (and recovery beds) continued to rise, quality remained high, and finances remained stable. Our primary focus has been on expanding our program to provide more opportunities for individuals recovering from alcoholism and drug addiction to achieve long-term sobriety without relapse and become fully integrated into the broader society.

Expansion

Led by Paul Molloy, CEO, and Kathleen Gibson, COO, Oxford House chartered 296 new Oxford Houses with 2,397 recovery beds. Of the new Houses, 131 were for women and 165 were for men. At the end of CY 2018, the Oxford House network consisted of a total of 2,542 individual Oxford Houses with a total of 20,222 recovery beds. Demand for Oxford House residency remained high and, on average, there were more than four applicants for each vacancy that arose during the year. Expansion was particularly strong in those states and localities that supported the creation of new Oxford Houses through the provision of start-up loan funds and grants to enable OHI to send trained outreach workers to help start new houses and teach the system of operation. Once started, Oxford Houses are self-run and self-supported in accordance with their three charter conditions.



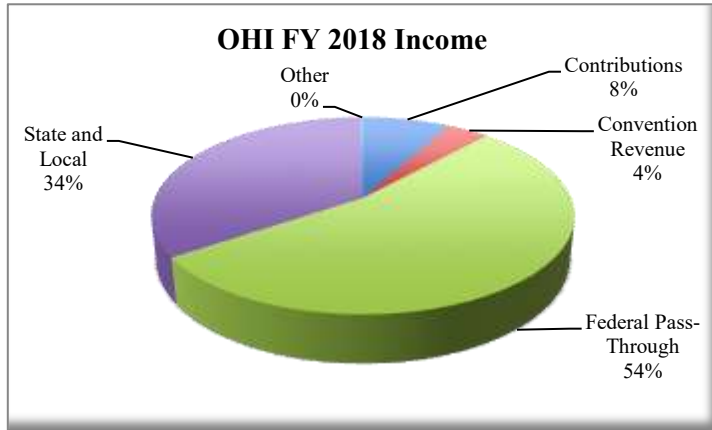
In FY 2018, OHI had development contracts with twenty-two states as well as with treatment providers, behavioral health organizations, localities and drug courts. Those contracts cover most – but not all – of the development and maintenance costs. Oxford House residents and alumni continue to provide support for development in areas without government support. At the annual convention, the Board of Directors recognized the 764 Houses and Chapters earning the *Directors' 100-Year Award* – an award for Oxford Houses, chapters and state associations that each voluntarily donate at least \$600 to OHI during the year. These contributions provided nearly 7% of the organization total expenditures in FY 2018. Our goal continues to be total self-support by the year 2075! The goal is long-term, but not unrealistic!

Once a cluster of houses is developed in an area, it becomes easier to expand because of help from existing Oxford Houses. Once providers and state officials see the effectiveness of Oxford House™ development, experience has shown them to be interested in supporting the expansion of the network of houses. The 296 new Oxford Houses added in 2018 are an indication of the growing realization by states that Oxford House™ is an important resource for fostering long-term recovery. By the end of CY 2018, more states, counties and local governments asked OHI to submit proposals for the development and maintenance of Oxford Houses. It is anticipated that OHI will expand into additional states in 2019 as more states recognize the important role that Oxford Houses play in addressing the opioid crisis.

OHI uses a number of time-tested protocols to establish and maintain the network of individual Oxford Houses. Clusters of houses are encouraged to form mutually-supportive chapters to facilitate networking between houses and to help monitor charter compliance. In a similar way, chapters group together to form mutually-supportive statewide associations. Training materials and standardized operating procedures are provided to all chartered houses, chapters and state associations. The OHI central office in Silver Spring, Maryland, also trains and supervises field workers to do outreach to states and communities throughout the United States and in some foreign countries.

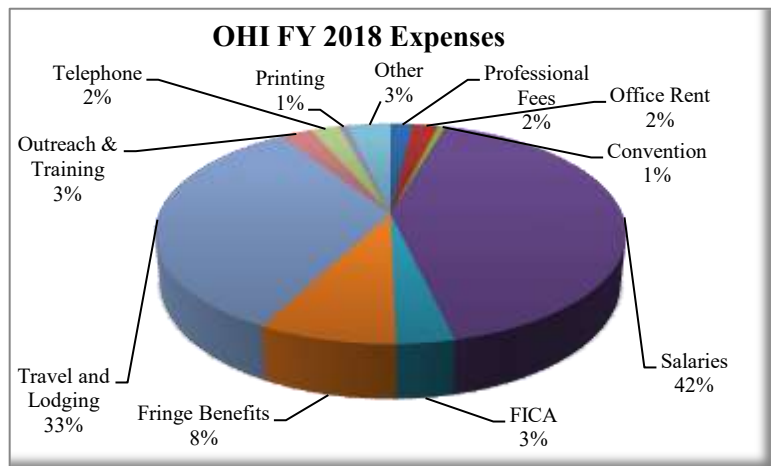
Financial Results

Overall, OHI finances remained stable even though financial activity increased by 25%. OHI continued to support the expansion and maintenance of the network of Oxford Houses in an extremely cost-effective manner. Expenditures by OHI in FY 2018 were \$370,639 less than income.



Total income in FY 2018 was \$9,247,541. Income sources are shown in the graph at the left. *Federal Awards* are almost entirely state block grant funds used by various states to pay for development and maintenance of existing networks of Oxford Houses. *State and Local Awards* are agreements that do not include block grant or pass-through federal funding. Contributions of \$736,847 include \$612,203 in voluntary contributions from individual Oxford Houses either directly or through chapters. The rest comes from generous foundations and individuals.

OHI’s expenditures for FY 2018 totaled \$8,876,902. The OHI expenditures are shown in the graph at the right. Over 96¢ of every dollar spent went directly to program costs – expanding and maintaining the network of Oxford Houses. Travel, telephone and personnel costs account for nearly 88% of costs. Outreach grants include expenses for covering the equal share of household expenses for part-time employees to help train residents in new Oxford Houses. In 2018, OHI outreach workers operated in 34 states and Ghana.



A copy of the audited financials and notes to the financials is included at the end of this report.

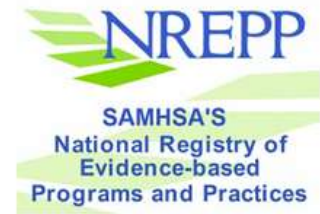
Transparency and Research

Throughout the year, OHI continued to encourage Oxford House residents to participate in research. While anonymity has long been the norm for recovering alcoholics and drug addicts, OHI, since its inception, has encouraged residents and alumni to participate in research in order to continually evaluate the Oxford House model to better understand recovery from alcoholism and drug addiction.

OHI conducts internal surveys and continues to invite independent third-party research. Since 1991, both NIAAA and NIDA have devoted federal behavioral research dollars to studying the Oxford House program and its effect on developing long-term recovery. DePaul University has been a major recipient of such grants. The DePaul studies have produced more than 295 articles showing how Oxford House living relates to recovery. From the DePaul research, Oxford Houses have been able to affirm that they are on the right track. OHI continues to encourage third-party researchers to evaluate the Oxford House program and assess its effectiveness.

Proven Effectiveness of the Oxford House Model

Beginning in 2011, the government (SAMHSA) listed the Oxford House program as a best practice on the National Registry of Evidence-based Programs and Practices (NREPP). While the 1988 Anti-Drug Abuse Act [PL 100-690] represented political acceptance of Oxford House, the NREPP listing verified the soundness of the Oxford House model as an evidence-based program that significantly improves addiction treatment outcomes. This finding was reinforced in the 2016 U. S. Surgeon General's report, "Facing Addiction in America."



Litigation

Establishment and maintenance of an adequate network of recovery homes sometimes requires legal actions under the Federal Fair Housing Act and the Americans with Disabilities Act to protect the civil rights of residents. It has now been twenty years since the U. S. Supreme Court found in favor of Oxford House™ in the landmark case, *City of Edmonds, WA v. Oxford House, Inc.* 514 US 1776 [1995]. Nevertheless, local jurisdictions and insurance companies continue to test the limits of the law. In 2018, OHI was engaged in twelve legal cases to protect the right of recovering individuals to live together in order to increase their opportunity for long-term recovery. Fortunately, OHI's attorney's fees and court costs were minimal. OHI continues to be a leader in defining the extent and scope of rights under the federal Fair Housing Act and the Americans with Disabilities Act. It will continue to do so as it is important not to let the hard-fought rights obtained in the past be eroded by indifference to discrimination.

FY 2019 Focus and Challenges

In FY 2019, OHI will focus on continuing to expand the network of Oxford Houses to provide more opportunities for individuals seeking long-term recovery without relapse to obtain it through Oxford House living. The current opioid epidemic has encouraged additional states to enlist OHI's support for the development of statewide networks of recovery homes. Oxford House anticipates being in more places during 2019 and providing more needed recovery housing that's cost-effective and that works.

Well-meant calls for recovery home certification continue to pose a challenge. Fly-by-night operations need to be challenged but it should be done in a way that protects proven recovery programs like Oxford House™ that rely on being treated as ordinary families and not as facilities requiring certification and regulation.

The 2019 Annual Oxford House World Convention will be held in Washington, DC over Labor Day weekend. This annual gathering grows each year and provides an opportunity for hundreds of the Oxford House residents and alumni to join together in workshops, general sessions and social events. All participants leave conventions with renewed energy, stories and skills to bring back to their home communities.

Conclusion

We end the year with a profound sense of gratitude to all who have made the year so successful. Our contributors – the states, foundations, individual Oxford Houses and others – have seen the value of the Oxford House concept and support it. They have also seen that the staff of OHI and the residents and alumni of the individual houses work tirelessly to achieve the OHI goals and objectives – the creation of more opportunity for alcoholics, drug addicts and those with co-occurring mental illness to achieve long-term recovery. Most of all, we are grateful for all of the residents and alumni of Oxford House who daily prove that 'the inmates can run the asylum' and, in doing so, foster long-term recovery without relapse for most residents.

OXFORD HOUSE™: RECOVERY – FELLOWSHIP – FUN

The 2018 Oxford House™ World Convention was held in October 2018 in Kansas City, Missouri with a convention theme that emphasized three elements of the Oxford House model: recovery, fellowship and fun. The 2018 convention program was built around the theme and featured keynote speeches and breakout panels that focused on these topics. [A later section of this report provides a summary of the convention along with pictures of participants.]

Long-term recovery is the central goal of Oxford House. Oxford House has set the standard for making long-term recovery the norm – not the exception. Very early on, the residents of Oxford House invited researchers to study the program and assess its outcomes. This notion of being open about recovery was uncommon at the time; after all, ‘anonymity’ is the hallmark of the 12-Step programs. Nonetheless, Oxford House residents chose to be open about their program and recovery. The result has been the wealth of research that has shown that most Oxford House residents and alumni achieve long-term recovery without relapse.



Recovery itself is central but it’s not enough – the other elements are critical also. Abstinence alone doesn’t work; long term-recovery requires more than that. In the ‘rooms,’ it’s often said that newcomers need to change their ‘people, places and things’ if they are to achieve recovery. Oxford Houses residents make these changes. They begin to practice recovery and find fellowship among others seeking the same goal. There is also the third element – fun. As Paul Molloy said in 1975 when the first Oxford House was started, “If we can’t have fun in recovery, what’s the point?” All three elements – recovery, fellowship and fun – are necessary for sustained long-term recovery without relapse and are a big part of what makes Oxford House work.

Recovery. From its inception, the Oxford House culture adopted the idea that long-term recovery without relapse should be the usual outcome of addiction treatment – not the exception. Even in 1975, this belief was out of step with the professionals preaching that relapse was part of the disease. Residents and alumni of the first Oxford House knew that acceptance of relapse – whether or not part of the disease – would be a disaster for an Oxford House. If one resident were allowed a second chance, soon everyone would feel entitled to a second chance, and soon everyone would relapse. The “Keep it Simple” slogan of AA was taken to heart. One drink or one use of an illicit drug guaranteed immediate expulsion from the House. It is still a charter requirement. It is simple and works well. If you use, you lose!

Oxford House also emphasizes the importance of self-determination consistent with responsibility. Each Oxford House obtains a charter that spells out three conditions each Oxford House must follow to achieve the maintenance of an alcohol and drug-free living environment; namely, the House must be democratically self-run, financially self-supported and the residents must agree to immediately expel anyone who uses alcohol or illicit drugs. All Houses have a copy of the Oxford House Manual[®]. It explains how Oxford House works, how to elect House officers, how to hold business meetings, manage finances and run the House on a democratic basic.

Participatory democracy is key to individual freedom, including recovery from the dependence on alcohol or illicit drugs, and it is egalitarian. Within the Oxford House family, it is not uncommon

to hear that the only good thing that can be said about addiction is that it is egalitarian. Rich and poor, male and female, Black and White, educated and under-educated, straight or LGBT, young and old – all can become addicted. The very diverse Oxford House population features egalitarianism as a core principle – each individual has an equal vote, officers are term-limited and expenses are divided equally among all residents. This participatory democracy minimizes the “we versus them” attitude that can detract from a focus on recovery.

In 1975, when Oxford House began, there was considerable doubt that the Oxford House concept and system of operation would work. Few believed that the “inmates could run the asylum.” Time has shown the Oxford House concept and system of operation has worked well. More than 450,000 individuals have lived in Oxford House and most have stayed clean and sober.

Fellowship. Go to any homeless shelter, jail, prison or detox unit and you’ll find out that the residents’ family and friends are long gone. Underneath the shakes and hard-luck stories, you usually find isolation, loneliness and hopelessness. All addicts have been there and most didn’t find it fun. Oxford Houses provide a way back to a life worth living. Residents find fellowship in their House from the minute they are accepted. Entry into an Oxford House requires being voted into the House by an 80% vote of the members. No house manager or outside organizer decides who can get into an Oxford House; the members of the House make that decision themselves by democratic vote following an interview with the individual seeking admission. Once admitted, residents immediately feel part of the group (though perhaps awkwardly at first) because they know that they have been selected to join the group. It’s like a sorority or fraternity or country club – residents have to be voted in.

Residents get together weekly for their House meeting and hash out problems, go over finances, elect officers and occasionally vote to evict a resident who has relapsed. It doesn’t happen often but when it does, residents call a special House meeting to vote on expulsion. In addition to weekly House meetings, residents get together regularly just to socialize and bond with each other.

Fun. The structure of Oxford House is more than just participatory democracy and self-support. Residents and alumni get together to learn, to support each other – and to have fun together. We all know that if we can’t have fun as recovering individuals, why should we bother to stay clean and sober? Residents and alumni participate in workshops, conventions, training sessions, picnics, bowling leagues, open houses and enjoyment of each other without the use of booze or illicit drugs. They work together, help each other and have fun together.



In all states, Oxford Houses get together as chapters and state associations to socialize and offer support to each other and particularly to newcomers and members of new Oxford Houses. Residents also help fellow Oxford House residents in need –when Hurricane Florence hit the Carolinas, fleeing residents were invited in and welcomed warmly into other Oxford Houses. Residents and alumni also offer other support to dislocated residents. Wherever there are Oxford Houses, residents and alumni support each other and have fun.

Recovery, fellowship and fun, together with the time-tested, evidence-based structure of the Oxford House model, work well to support long-term recovery without relapse.

OPIOID ADDICTION AND OXFORD HOUSE

The Opioid Crisis and the Oxford House Experience

Opioid addiction continues to be a national crisis and the nation is actively engaged in considering what can be done to stop the epidemic and rescue those who have become addicted to opioids. For those of us in Oxford House, opioid addiction not a new issue. Since its beginnings in 1975, Oxford Houses have been home to residents recovering from addiction to opioids and most have achieved long-term recovery. The Oxford House experience may be useful in helping to inform policymakers and others on the elements of successful recovery and what's needed to support long-term recovery for individuals addicted to opioids – as well as those addicted to alcohol and other illicit drugs – alone or together. The issues are the same.

Opioid addiction was discussed throughout the 2018 Oxford House convention. Bertha Madras, Ph.D., was a member of the President's Opioid Commission and gave an overview of the Commission's Final Report during the Opening General Session. It was also discussed on the expert's panel on Addiction Research (links to both of these sessions are available on the website at www.oxfordhouse.org). It was discussed in other panel sessions – some were policy-related; others were more practical and dealt with issues including the use of Medication-Assisted Treatment (MAT) in Oxford Houses and how to deal with overdoses in Oxford Houses (rare events – but they occur and residents need to know what to do if they do occur).

Recovery from addiction – whether the addiction is to alcohol or illicit drugs, including opioids, is a long-term project for most people and that fact needs to be more widely acknowledged. Unfortunately, there's no pill or magic wand that can guarantee long-term recovery. It is generally accepted that there are four tools necessary for achieving recovery without relapse: (1) intervention; (2) detoxification (ending physical dependency); (3) treatment (motivation and education); and (4) long-term behavior change. All of these tools are important and are particularly effective when used together.

Traditionally, there has been support for the first three stages of recovery but the weakest link is support for environments that foster long-term behavior change; and, far too often, the long-term behavioral change element of recovery is neglected altogether. While 12-Step programs have long preached the need to 'change people, places and things', that is easier said than done. More often than not, individuals completing the treatment stage of recovery go back to where they came from before treatment. Returning 'home' may thwart even the most highly-motivated individual. For example, the recovering incarcerated person re-entering society who goes back to his or her old neighborhood is likely to be welcomed home only by his or her former drug dealer. That's a recipe for relapse. Oxford Houses, which provide the opportunity for recovering individuals to live together to support each other's recovery work, are highly successful in fostering long-term recovery without relapse. While relapses may occur, they occur far, far less often than if residents return to the place they used to call 'home.'

The skyrocketing use and abuse of opioids has resulted in overdoses and many of them are fatal. Fortunately, Narcan (Naloxone) is an antidote that has immediate results and it has been made widely available. Oxford Houses stock Narcan and residents are trained in its use. While most Oxford House residents don't relapse, some do, and Narcan is a rescue drug. But, while Narcan can save lives, it's only a temporary fix and many addicts will continue using opioids after detoxification unless they get more sustained recovery support.

Currently, the medical community tends to support Medically-Assisted Treatment (MAT) for opioid addiction. The advantage of MAT is its role in harm reduction; i.e., it reduces the number of fatal overdoses. This is particularly important at a time when street drugs have become more potent and too frequently cause death. MAT plays an important role in the shorter term but many in the recovery community have their doubts about its use as a long-term solution. Oxford House residents accept individuals using MAT and monitor MAT users to make certain that they stay on their prescription. Over time, residents may encourage

the MAT user to ask their provider about tapering off the use of these drugs. Without residency time limits, residents in an Oxford House transitioning from MAT to total abstinence have the time and support necessary to make a successful transition.

Oxford House residents and alumni addicted to opioids (as well as other substance) achieve long-term recovery mainly because Oxford Houses offer peer support, a time-tested structure and no time limits on residency. Most formal treatment programs are too short to permit an individual to become ‘comfortable’ in sobriety. Most individuals need more time to learn new behavior. As noted in the table to the right, many people need treatment and many have already gone through treatment many times. Recovery requires long-term behavior change such as becomes possible by living in an Oxford House for as long as needed. Oxford House living builds self-confidence in recovery. Residents share in the elected leadership of their House, participate in Oxford House social activities, get jobs, mentor new residents, and abstain from the use of alcohol and illicit drugs. These Oxford House characteristics work to support long-term recovery for most Oxford House residents, whether or not they also use medication to support recovery.

Oxford House is unique among recovery houses. Its system of operations has been time-tested and its principle of not owning real property or accumulating wealth has shielded it from the malpractice of many recovery home operators whose acceptance of kickbacks, overcharges, poor management and indifference to sobriety standards often plague ordinary recovery house operations. Some are obviously fly-by-night folks anxious to make money. These operations need to be challenged but that should be done in a way that protects the proven method of programs like Oxford House™ that rely on being treated as ordinary families; not as treatment facilities that require certification and regulation.

As a nation we need to do more to prevent addiction – both through education and through demand reduction – and we also need to give more thought to programs and policies that support long-term recovery without relapse. Narcan is a rescue drug for the short term; long-term recovery ultimately requires behavior change. As a nation, we need to recognize and support programs that achieve that long-term change.

Oxford House residents and alumni, including many who have been addicted to opioids, have proven the value of peer-supported recovery housing that requires residents to govern themselves, pay their own rent and expenses, and immediately expel any House resident who relapses. The program works.

ALCOHOLISM AND DRUG ADDICTION

- About 25 million Americans are actively addicted to drugs with 17 million alcoholics, 2 million opioid addicts and another 6 million addicted to other drugs. (SAMHSA)
- 22.7 million persons aged 18 or older needed treatment for an illicit drug or alcohol abuse problem in 2013 (8.6 percent of persons aged 18 or older). (SAMHSA)
- Of these, only 1.25 million – 6.2 percent of those who needed treatment – received it.
- Government reports show that alcohol and drug abuse is responsible for the admission of almost 1.5 million people to emergency rooms nationwide. Drug addiction results in nearly half a trillion dollars in economic loss annually; the equivalent of \$1,426 per American.
- For those receiving treatment, 60% had been in prior treatment an average of more than three times and 14% five times or more. [TEDS]

Oxford Houses Provide a Low-Cost, Highly Effective Method of Reducing Recidivism

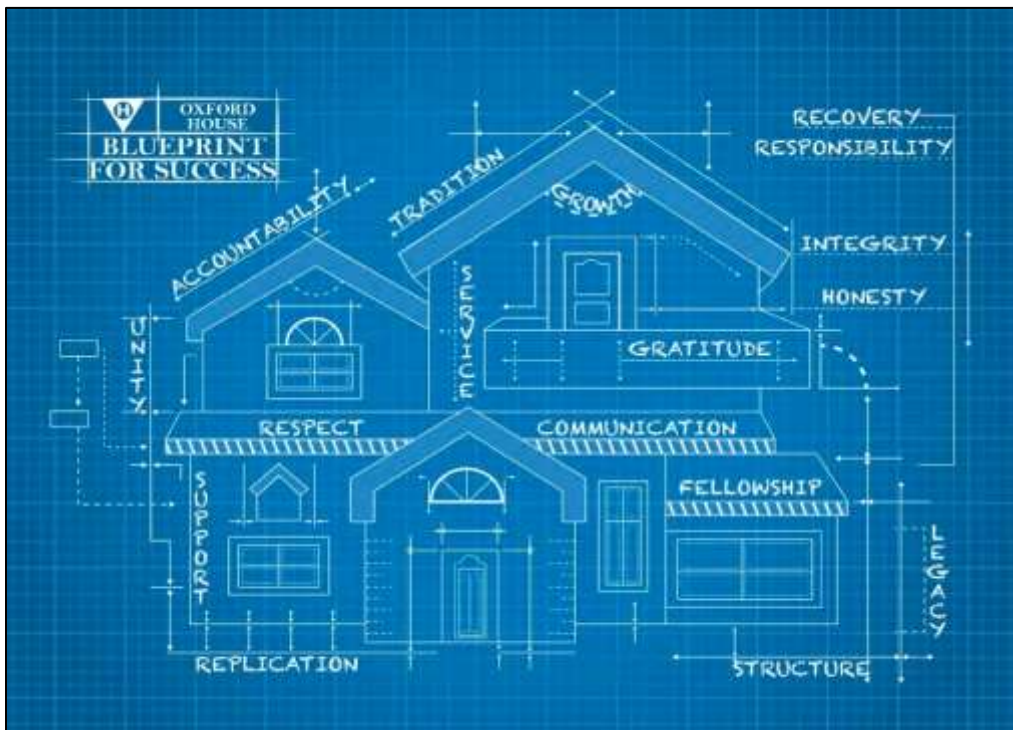
RECOVERY WITHOUT RELAPSE WORKS OXFORD HOUSE RESIDENTS PROVE THAT DAILY

RESPECT AND TOLERANCE

Hallmarks of Oxford House Living

Respect and tolerance are traits taught and practiced by Oxford House residents. These characteristics are necessary both for successfully living with a group and for mastering successful recovery. These traits are not always present in active addiction but are readily acquired through adoption of the principles of both Oxford House and 12-step programs.

Many of the traits to be developed through living in an Oxford House were shown in “The Blueprint for Success” that illustrated the theme of the 2016 Oxford House World Convention. The graphic (shown below) details the various attributes associated with living in an Oxford House. It illustrates the goals and values that are part of each Oxford House and that the residents emphasize in their day-to-day dealings. These goals and values are the foundation of the family environment created in each Oxford House. Not all of the values identified in the blueprint are easy to come by but the structure and operation of all Oxford Houses make them an integral part of Oxford House living.



Addiction is an equal opportunity disease – it affects people of all races and ethnicities. It affects those with no more than a 6th grade education and those with graduate degrees. It affects the rich – and the poor. It affects straights, gays and transgendered individuals. In Oxford Houses, everyone is treated equally and there is little or no discord on the basis of any of these differences. The traits of respect and tolerance are expected and are delivered!

The stories that are printed in the convention program – and the short quotes from those stories printed in this report – are illustrative of the acceptance by residents of people different from themselves but share the common characteristic of a great leveler – addiction. Many of the stories note how scared the individual was about applying to an Oxford House and how their fears were assuaged once they were voted into a House and become an active participant in the House. Most residents quickly become assimilated into the Oxford House family.

Neighbors also exhibit respect and tolerance by welcoming Oxford House residents and supporting their presence in the community, as do states and communities that encourage Oxford Houses in their states. While neighbors are sometimes leery when an Oxford House is initially opened in their neighborhood, it doesn't usually take long to develop mutual respect.

The photo at right (printed courtesy of the Maryland Governor's office) was taken on September 25, 2018 at one of the Oxford Houses in the Kemp Mill area of Silver Spring, Maryland. Kemp Mill is a predominantly orthodox Jewish community where the neighbors have consistently supported Oxford House and its residents.



Maryland Lieutenant Governor Rutherford (at center in photo) and Clay Stamp, head of Maryland's Opioid Task Force (at far right in photo), visited the Oxford House to show their support for the model and for the women living in the Oxford House.

Each Oxford House is autonomous but Oxford House residents are noted for working together to strengthen their own Oxford House, other Oxford Houses and their local communities. They do this through fundraisers and social events, community events, direct support after emergencies, and through financial support to OHI to help to provide technical support to Oxford Houses in states where there is no other government support.

- **Fundraisers and Social Events.** Many Oxford House chapters and state associations sponsor fundraisers to raise money to help send House residents to the annual convention and also to provide support for local communities. These events help communities and also foster socialization and community-building among Oxford House residents in different areas.
- **Community Support.** Local Oxford Houses pride themselves on being active members of their neighborhoods and communities. They support community recovery and other local events and work with neighbors to protect their environment. Oxford House residents are good neighbors!
- **Help for Oxford Houses in Need.** Oxford House residents in a community regularly help residents of neighboring Oxford Houses. The Oxford House community has always been quick to respond when natural disasters strike, offering couches, food, clean-up and whatever else is needed.
- **Education and Skill Development.** Oxford Houses also provide help to Oxford House residents and alumni through sponsoring programs to meet resident needs.
- **Help for Oxford House Expansion.** Oxford House expansion has been greatest in the 22 states and the District of Columbia that provide government support for expansion; however, Oxford Houses exist in other states also. Expansion and maintenance of Oxford Houses in these other states has depended on contributions from residents of Oxford Houses, foundations and individuals – alone or through government or community charity drives.

Respect and tolerance drive both recovery and acceptance. They are key Oxford House traits.

THE OXFORD HOUSE™ FAMILY

The statistical profile of Oxford House residents shows a demographic picture of the Oxford House family but it doesn't capture the people themselves. Since its inception, over 450,000 people have lived in Oxford Houses. Many residents and alumni have written their personal stories of addiction and subsequent recovery. These stories go well beyond the statistics and illuminate what Oxford House means to its residents and alumni. Below are excerpts from a few of the stories that were published in the 2018 Oxford House Convention Program. The full versions can be found on the Oxford House website (www.oxfordhouse.org).

- I was accepted into the Glencoe house on June 15, 2012. I had no idea what Oxford was but I was willing to listen... Boy, do I know what Oxford is now!!!! Within the first week I was given a House position; four months later I got a Chapter position and now I am honored to be of service at the state level. What this means for me is that, rather than in treatment where I learned the skills of recovery and being introduced to all manner of outside groups to help my recovery evolve in an institutional setting, Oxford has given me the chance to do these things with accountability yet being able to feel a sense of normalcy about the process for me. Oxford has allowed me to be of service, with that service feeling as if I was helping my own family. **Andrew Ponkevitch – Oregon**
- This is my first time sober and working a 12-step program. I didn't go to treatment because I am not insured nor could I pay the out-of-pocket costs. I spent a few days in detox and the clinicians explained to me what sober living is. I called an Oxford House, I got an interview and tonight I picked up a chip celebrating 9 consecutive months of sobriety. What means the most to me today is that I don't want to kill myself anymore. In fact, I'm very much alive. Oxford has done more than teach me how to live a civilized life in society. I've learned self-confidence and discipline; I've learned happiness and purpose; I've learned what accountability and true friendship can do in my life. I smile and laugh authentically today. **Christian Tanner – Texas**
- Though I tried to complete my dissertation research and return to teaching, daily life became a chore which I could get through only with my remaining buddies – drugs and alcohol. ...Soon after, my housing and car were gone and my only "friends" were the dope dealers in town..... Living in the woods seemed a great idea as I didn't have to share what I stole, panhandled, begged or otherwise obtained. I heard someone talk about their Oxford House in a meeting and it sounded perfect for me! I interviewed and was accepted to the Silver Spring Oxford House in April, 2006 and, 12½ years later, I am still honored and proud to be part of this House and Oxford overall. My life is full – staying active in AA/NA and Oxford has given me enjoyment beyond words. Thanks for giving back my life!! **Sheri G. – Maryland**
- In the last half a year at Oxford House Jefferson, I've become a fledgling member of AA. I've begun working the steps with a sponsor who inspires me every day. I've been accepted to graduate school at the University of North Carolina, Greensboro. I've even finished my first novel. Without a safe, sober haven to rest my head at night, I wouldn't have accomplished any of those things. Going to treatment is a great transition into recovery. Attending meetings is an essential facet of my spiritual journey. But my time at Oxford House Jefferson has afforded me the opportunity to LIVE recovery. My roommates are my brothers on that journey. We hold each other accountable. We make each other laugh—all day long. If there's one sound that synonymous with our Oxford House, it's uproarious laughter. At the heart of that mirth is the fact that we know we're safe here so long as we stay on a spiritual path and hold one another accountable. So long as we honor the traditions of Oxford House within these walls, grand opportunities await the lot of us. When we move on, there's no doubt but that Oxford House will continue to yield those benefits to still more wayward souls. **Carlos Vilorio –North Carolina**
- I went to get granted parole. I had no family and the only other option was a halfway house chosen by Probation and Parole. We were pulled out one day to get a presentation on Oxford House and what it can do for you. As I sat and listened to what Oxford House was all about, all I paid attention to was: contracts, house votes, rules, and more rules. I applied and was accepted, and my home placement was approved for an Oxford House in Owensboro, KY. God knew exactly what he was doing. I was able to get a job within that 2 weeks and today I am the General Manager of my restaurant. Within the Oxford House, I stepped up and have become an active member, involved with Housing Services, and Fundraising Chair. I have established a new women's house in Owensboro. I have been able to give back to others because someone went out of their way to help me. God, recovery, myself and my son are my priorities in my life. Oxford gives me the structure that I need to maintain my sobriety and keeps me accountable for doing the next right thing. **Pamela Kesrich – Kentucky**
- I wanted to enjoy life sober. I wanted to find a place with people who 'get me". I wanted to feel like I belong. I found all that. I have never enjoyed life as much as I do these days. I have never laughed so much. I have never cared so deeply about any group of people and I have never had a group of people care so much about me. For me, Oxford House means family. **Travis Young – Louisiana**

- At the age of 16, I followed some of my friends outside before class started and they busted out a weed pipe. ... Within a year after I started smoking weed, I ate mushrooms. I was 17 years old and I was eating mushrooms and smoking pot almost regularly every week. ... [Eleven years later] I was homeless, jobless and lifeless. On April 16, 2016, I made the decision to get clean and stay clean no matter what it took. ... I interviewed and was accepted into Tanglewood Oxford House in Bend, Oregon. I was only eight days clean..... I've gotten involved with Oxford, which was about the best thing I ever did for myself. I was doing random service work and then, one day, the Chapter Chair position dropped in my lap. The more I got involved in Oxford, the more fun I had. . Oxford House is the foundation of my recovery and is the most important thing for me in my life. ... I will always be of service to Oxford House because Oxford House has given me everything I have in my life today – my family and my friends. **Austin Connell – Bend, Oregon**
- When I showed up that first day, still a little dope sick, I felt alone and felt as if I had no family. Oxford House took me in and showed me that family isn't just your blood, it is the people around you that care so much that they will drop what they're doing and talk to me when I am struggling. I am convinced that if the Oxford House wouldn't have couched me, I would have kept using and died that weekend. I cannot express how grateful I am that Oxford House took me in and loved me until I could love myself. I do have a family and sometimes they are a little weird and get on my last nerve, but at the end of the day I know that any of them would do anything they could to help me. **OXFORD SAVED MY LIFE!!** **John Fair – Texas**
- My name is Eddie and I am an addict. I have led a life of lies, stealing, drug addiction and alcoholism. I have tried many times to get sober, even being placed in the Hamilton County drug court program. I failed at all of them. Then one of my friends asked me to come to Oxford House. At first, I was like, "Hell No!" Then, with nowhere else to turn, I did just that..... My first day in, I was accepted as family; not a friend but family. I have brothers and sisters now who would fight for me till the end. I have my driver's license back and I haven't had one for 14 years. Of course, people will still talk about your past and bring it up at the drop of a hat but Oxford has taught me to face my problems, not run from them. I dove in head-first, knowing I couldn't swim but now I have a place where I feel I belong. I hold Chapter and State level positions. I will direct anyone I can to Oxford because, if it can save a junkie like me, then the sky's the limit for anybody!! Thank you, Oxford, for turning me into the person my Mom would have loved to have seen! I couldn't have done it without Oxford. **Eddie K. – Tennessee**
- I moved into Oxford on June 9, 2017; at first, I was just a resident, not involved at all. It wasn't until I was blessed with the opportunity to experience the 2017 Oxford House World Convention in Washington D.C, that I saw how big Oxford really was!! I jumped in head first! I came back, read the Oxford House Manual, and did my research. In October, I was asked to help open a HOME for men. Such a blessing it was to help an Oxford House come together and to watch someone as hopeless as I was come into a family and find hope! Oxford House has given me HOPE, PURPOSE, & LIFE! To me, Oxford House is my HOME! I'm a lifer; I honestly don't think I'll ever move out! I love my relatives back home, wholeheartedly, but Oxford is my family. I was recently blessed with an opportunity to expand with Oxford House in a new territory. I am equally as passionate and emotional with Oxford House as I am my recovery, if not more so! To the Newcomer: I suggest only one thing, Love YOURSELF as much as we already love you! You're worth it! **DaShawn Aquino – Kentucky**
- I called the Jones Franklin Oxford House and was asked if I could I be there Saturday at 4 pm for an interview. I had no idea my last drink was going to be that Friday and that Saturday – February 23, 2013 – would be my sobriety date. Oxford House has not only saved my life, it has allowed me to create a whole new life I never thought was even possible. Once I was accepted, I knew almost immediately that I had to try something new. Had I not been accepted I would have never gone to Alcoholics Anonymous and found a solution to live the life I was intended to live. I have held every position in our house, and been the Chapter treasurer. I'm also currently a peer advocate for several other houses in our Chapter. Through the recovery program of AA and Oxford House, I have learned how to be a part of that life I for so long thought was unreachable. **Bryan D. - North Carolina**
- I got super involved in Oxford House service work. ... AA and NA got me sober but Oxford House kept me sober. Six months later I was killing it and chose to turn the page to the next chapter in my life. I am now Chapter and Regional Alumni Coordinator; I am running my business successfully – only employing those in Oxford House and I continue to grow. "If you always do what you've always done, you're always gonna get what you've always got. If nothing changes, then nothing changes." **Phillip Young – Texas**
- One last thing: I was told early on that if I got into the middle of service work, the contact list in my phone would be full of people in recovery. I doubted that at the time but I find it's so true today. My phone and my life are full of friends in Oxford and recovery. And not just that, they have been there for every up and down I've experienced and endured. Moving into the Sooner House and getting involved was truly one of the best decisions I could have made in early sobriety and staying on as an active alumni member continues to provide opportunities to be of service in my program of recovery that I continue to work today. Thanks. **Eric C. – Oklahoma**

- I would say I've always had a drinking problem but it wasn't until I got home from a deployment that I realized just how bad it really was. That mistake got me chartered out of the military... In 2016, I was beginning to look for a change. I figured I wanted to be like those church-going people who always seemed to be happy. I learned of Oxford House. It was crunch time and I needed a place to go where I could have my now 6-year-old daughter around and I remembered that the Oxford House has a Daddy with Children Oxford House. So, I took a leap and applied, not knowing at the time that it would be one of the best decisions I've ever made. I moved into our house, Oxford House Makada on January 20, 2018 and I felt so welcome from the start. Oxford has been beneficial to my life because it allows me to have my sassy bristles of a child with me at all times. The low rent has let me make huge financial gains in my life so I can be ready to move to the next chapter of my life. I know wholeheartedly I could, if need be, call anyone of my Oxford family and they'd give me the shirt off their back. I'm pretty positive that's why I love Oxford so much. **Joshua Hiland - Kentucky**
- With two years sober, I went back to the basics. I had had the mentality of not getting involved at all with service work but soon I was drawn into stepping up through wonderful friends who 'Volun-told' me. I was given the opportunity to teach others like I was taught and I practiced it in my own life. Soon after, I was given the privilege of serving the Regional Association as the Chapter Services Chair. ... I was able to travel around Texas. ...Early this year I moved into an Oxford House in Austin. This year, I'm going to the World Convention for the first time. I will be turning 21 that weekend and, instead of partying in a club, I'm gonna be with my friends and service peers, meeting people from all over whose lives were saved like mine. **Raquel – Texas**
- After a few months at the new woman's home in Forrest Grove, I decided to try and interview at the Turner Creek Oxford House for men. ... When it was my time to interview, I went with blind faith and told them I was transgendered and was looking for that brotherhood I felt while at Hazelden and that being accepted into a men's Oxford House would be my complete transformation of who I was on the inside. That night I got the call that I had been accepted. That moment I truly began to live my full and honest recovery. I learned to accept myself and stop worrying what others thought. The guys I live with now are not only my friends but my brothers who lift me up and help me every day. I have learned to trust and fully love again. Oxford helped me to truly love and accept myself. Shoot, from when I first interviewed at the men's Turner Creek Oxford House and even to the State of Oregon Oxford Chapter meetings, my fellow recovering addicts in Oxford accepted and loved me before I loved myself. I couldn't be more grateful or blessed with what Oxford does. **Nikolai – Oregon**
- Living in an Oxford House surrounded by other women who are seeking recovery gave me the freedom that I wanted and also the accountability that I needed. While living at my first Oxford House, I learned a lot about myself and who I was but, more importantly I got to become a person that I had wanted to be. It was living in this Oxford House that I began to define myself, not as a mother, a daughter, a sister, but as Lee Anne. I know my quirks and I know my faults. After experiencing the joys of recovery, I choose to walk with purpose rather than worry and I am responsible for that choice and I have friends who point me in the right direction when I make the wrong choice. **Lee Anne – North Carolina**
- I moved into Oxford House at the request of my CPS worker and my life changed forever. I made friendships that I will forever cherish. I got involved right from the beginning. I will have 4 years clean and sober in October 2018. I recently moved into my own apartment with my daughter. I am financing the newest car I have ever owned; I am enrolled in the Human Services program at our local community college. I am living proof that recovery is possible and I owe it all to Oxford House, my family and my friends. **Shawna T – Washington State**
- When I started using drugs at the age of fifteen, I found instant gratification that gave me temporary relief over my painful existence. I became dependent. By the time I was twenty-two, I had been charged with one felony, twenty-five misdemeanors, and had been to jail sixteen times. I was lost and could not find a way out. ... Now I have 928 days clean. I am now the President of the Elm Street Oxford House. I am currently enrolled as a Human Services major at Virginia Western Community College, and last semester I made the President's List. I am in a position to support my family both financially and emotionally. Most importantly, every single day, I am in a position to share and receive recovery from my brothers in Oxford. **Carl Cash – Roanoke, Virginia**
- I got into AA and became good friends with two brothers of AA who told me about the Oxford House Three Lakes where they lived. They said I should move in and I told them I would think about it. Oh, hell, no! I'm not moving into a half-way house even though money was tight and I was in my first month of Drug-Court but they talked me into going over and checking Oxford House Three Lakes out. In February of 2015, I moved into Oxford House Three Lakes and, in one month, Drug Court took my ankle bracelet off and I became really strong with my AA group. I went around to other counties helping give direction with their AA groups. Without that secure feeling of a home, I couldn't have done this. After a year in Oxford, in 2016, I became Chapter HSC which was something new to me. Oxford House Three Lakes has given me the ability to help people grow and give them a home that feels like home. The ability to keep it going and to see that person succeed in life is all I need. Now it's 2018 and I live at Oxford House Three Lakes and this is my BLESSINGS! **Clifford Ratcliff – Oklahoma**

- I came to the Oxford Houses in 2012. I knew almost immediately when I walked through the door that every person I met was there for the same reasons I was. ... I stayed in Oxford Houses until 2016, and that welcoming attitude never changed. When I came out to them as a gay man, they didn't falter in the slightest but continued to be the rock I needed. It would have been difficult to convince the version of me that existed before Oxford House that it would be better – that there was a future version of me that paid his bills on time, that had been managing a restaurant for years, that had three beautiful, adorable puppies. And yet that is where I am now. Oxford house has given me the tools necessary to make the changes to my life that we all want. I've never been more passionate about anything than I am about allowing others to get the same help I did. My current involvement in the Oxford House alumni association continues to be one of the most meaningful parts of my life. A life that now, thanks to the Oxford Houses, is full of meaning. **Roger Gary – Maryland**
- My sobriety date is June 5, 2017. Since that day, I have changed my life 180 degrees. Where I was good at getting high, I am now great at getting sober. I have worked the steps, followed all suggestions from my sponsor, and now I sponsor women and continue to work the steps. Where I sold dope, I now sell the message of recovery whenever or wherever I'm asked. I have gotten certified to teach recovery dynamics and I actually love people today! I am a mother to my children, and a daughter to my parents. I am a sister to my siblings and to my friends! I am quick to help when asked and I love my House! **Kelsey J. – Kentucky**
- My clean date is 6/11/16 and the changes in my life have been a miracle. Between AA and Oxford, I have learned how to suit up and show up. I'm a lead installer for a door and window company; they appreciate me and have given me four raises in the past year. I have a relationship with my children and family I have real friends – the kind you don't believe exist while in active addiction. I dove neck-deep in service. I've learned that in service, you gain just as much or more than you give. By suiting up and showing up to help others, you learn to show up in life. When you show up in life, things change..... for the better. **Leaf – Oregon**
- I entered a program called Score and part of the initial process was to stay in an Oxford House. I tried every way I knew to get around that but I found myself in one anyway. I believe that was the best decision of my life. The Oxford House has a positive environment for growth. You're surrounded with positive people doing positive things that I found was rubbing off on me. It's a safe place where you can be yourself and take the mask off without being judged. We're a family here and have genuine concern for each other like brothers and I wouldn't trade this in for nothing in the world. **Kelvin B. – Richmond, Virginia**
- I was accepted at R Street Oxford House in DC and I have been there since June 5, 2005. In one of the best decisions I made in my Recovery, I was introduced to Me, and am presently living the best version of myself. I learned how to be a friend, a brother, a leader and an exemplary power of example. Through my Oxford House experience, the emptiness, the pervasive void that was my constant companion is now transformed to love of self and humanity. Thank you, Oxford House, for displacing that loneliness with a new extended family, where I am honored to be of service. **Kahlil Bey – District of Columbia**
- I was arrested on May 19, 2016 and my sobriety date is May 20, 2016. In 2017, I got the opportunity to go through the Willow program at KCIW at Pee Wee Valley prison. ... I talked to the re-entry coordinator (about Oxford House) and did a phone interview and was accepted. An Oxford House resident met me at the bus station to take me to my home. Oxford has shown me a new way of life. Before now, I have never stayed clean more than 2 months post-incarceration. I just had my 1-year anniversary of being an Oxford House resident. Oxford House has offered me hope, strength, love, and a foundation for my recovery. I came from prison with nothing but a few grays. My outreach coordinator went over and beyond to make sure I had shoes, towel, wash cloth, hygiene, and clothes. The residents treated me like family with kindness and love. I love the feeling I get every time I come home and walk through the door. I need and want Oxford House in my recovery for a very long time. It's the one and only thing I have found to work for me along with a 12-step program and a sponsor. I am so proud to be a part of something so big. **Tammy Dabbs – Kentucky**
- I gained acceptance from a popular girl at my High School; I thought she was my friend and we joined a go-go team together. With her I tried Fentanyl for the first time; she told me it was just like weed and I couldn't overdose. I tried it and fell in love with the drug. I chose Oxford, and have lived in the same House ever since. My recovery journey has been far from easy. I have been clean for a little more than 2 years and today I have pride and dignity. I am the Chair of my Chapter. I have learned that sometimes it's okay not to be okay. Most importantly, I have learned a new way to live and can show others how to live this way too. I have gained everything I lost back and more and it is all thanks to Oxford. **Maria Icenhower -- Oregon**

Oxford House living saves lives and creates responsible and productive citizens. Many more recovering persons deserve the chance to experience recovery in an Oxford House.

TRUST BUT TEACH

Each Oxford House™ within the large network of Oxford Houses operates the same way. The members of the House make all the decisions affecting the operations of the house. Each member pays an equal share of household expenses. Each member has an equal vote in resolving issues, admitting new members and expelling members who have returned to using alcohol and/or illicit drugs. The group of men or women in the house live as an ordinary family but follow a disciplined, standard system of operation as set forth in the Oxford House Manual®.

A few years ago, a stranger walked up to a group of Oxford House convention attendees gathered in front of the hotel and wearing their convention badges and asked: “What is Oxford House?” She was



enthusiastically told about Oxford House and continued to show interest, asking, “Who manages each house?” she asked. “We do,” was the response. Several added, “Its simple. The ‘inmates run the asylum’.” Everyone laughed, but the group went on to explain more seriously and in detail about the weekly House meetings, the election of five House officers, the term limits of six months, the duties of each officer, the way individuals are “voted in” and the sadness when a member is “voted out” because of relapse. That snapshot illustrated why Oxford House has succeeded – it trusts recovering individuals to help themselves by helping each other, gives them the standard system of operation that works, and permits such trust to be justified.

For forty-three years, the story of Oxford House has been told and retold – over and over and over – by the ever-growing number of Oxford House residents and alumni and by thousands of friends in the treatment profession, court system and recovery community. About 450,000 individuals have moved through an Oxford House somewhere in the country. Each has been “voted into” the house and most have not been “voted out” because of relapse. Since 1991, when CBS aired a segment about Oxford House on “60 Minutes”,

every newcomer to an Oxford House is shown the video as his or her first indoctrination to the democratically-run, financially self-supported Oxford House system of operation. At first, the newcomer learns just the basics: “Don’t Drink;” “Don’t use drugs;” “This is the equal share of household expenses;” “Here is the kitchen;” “This is your shelf in the ‘fridge;” “Be at the weekly business meeting at 7 PM on Monday;” and “Here is your key to the house.”

The new resident starts out by avoiding the use of alcohol or drugs because he or she does not want to be thrown out and quietly takes pride in the fact of having been trusted enough to be given a key to the House. At the first House meeting, people are friendly but the newcomer just sits and listens. The meeting follows a specific schedule and the newcomer is told he or she has an equal vote and is expected to vote whenever the group has a vote on a motion or a resolution. Everything is open and reports are given about the last meeting, the house checking account, bills paid, bills due and upcoming events. When it is over, other House members will probably ask the newcomer how things are going and get early impressions about the meeting. The Chore Coordinator will explain that the new resident has a chore to do daily or before the next meeting. The Treasurer will provide a reminder of when the next equal share of expenses is due.

Within a few weeks, the newcomer will probably have had to vote on admission of a new resident and may well have been elected to a House office – but by then he or she is an old-timer in Oxford House and will

share his or her knowledge about how Oxford House operates with the next newcomer. Now he or she avoids taking a drink or using drugs in order to set a good example. Before long, abstinence is becoming a habit and sobriety is becoming more comfortable week by week. He or she learns that sobriety is habit-forming. At some point, the individual will feel comfortable enough in sobriety to move on to make room in the house for someone else but he or she knows that voluntarily moving out is entirely up to the individual. There are no time limits so long as a resident follows the Charter conditions.

Sometimes a resident becomes so dedicated to helping others that he or she will move into a newly-established Oxford House to live and help teach others the Oxford House system of operation. Other residents who move out become active alumni, working with Houses and Chapters, attending social events, helping newcomers find jobs and otherwise helping to strengthen the network of Oxford Houses – while reinforcing their own sobriety.

Officers from clusters of Oxford Houses in a given area meet once a month as a chapter to share their knowledge. While all Oxford Houses are autonomous, guidance from chapters can be very helpful, particularly for new Houses.

The role of the outreach worker has turned out to be very important. Since expansion began, many trained outreach workers – all of whom are Oxford House alumni – have traveled from Alaska to Australia to teach others in recovery from alcoholism and drug addiction how an Oxford House™ works and to explain why living in an Oxford House™ is the best road for achieving recovery without relapse. The outreach worker is trained by OHI for the following tasks: helping to find a suitable house to rent; helping the group apply for a charter from OHI; getting an FEIN number from IRS; helping to recruit initial House residents; teaching residents the system of operations; helping build mutually-supportive chapters; developing linkages to providers; working with drug courts and parole officers; employment linkages; documenting success/failure; trouble-shooting problems and coordinating with state and local agencies. Outreach workers aren't House managers but they are able to teach residents the system of operations so that new Houses run smoothly from the get-go.

Financing of outreach workers comes from two sources: [1] contracts with local or state governments and [2] by voluntary contributions from Oxford House residents and alumni and other donors. At the first Oxford House World Convention in 1999, the residents and alumni voted to suggest that each Oxford House send monthly contributions to OHI to further expansion. Such contributions are entirely voluntary; OHI charges Houses no fees. To encourage regular voluntary contributions from the individual houses, the OHI Board established the 'Directors' 100-Year Awards.' Time has shown that the voluntary scheme has produced a rewarding outcome. This income covers overhead that is uncompensated and permits



outreach to states and areas where local government agencies have not contracted with OHI to provide outreach workers to develop networks of self-run, self-supported Oxford Houses. (*Other sections of this report discuss the awards in more detail.*)

HIGHLIGHTS OF THE 2018 OXFORD HOUSE WORLD CONVENTION

Over 1,600 Oxford House residents, alumni and friends participated in the 2018 Oxford House World Convention in Kansas City, Missouri in October. The convention theme was: Oxford House – Recovery, Fellowship and Fun. The convention featured general sessions, breakout panels, campaign speeches, awards, good food and social events. *(A copy of the convention program can be found on the website.)*



A very large audience listened intently to the opening general session. It opened with an invocation by the Rev. Roderick Williams; a convention overview by COO Kathleen Gibson and CEO Paul Molloy; welcoming remarks by Kimberly Nelson of SAMHSA and a review of World Council election rules by James McClain. The opening keynote address was given by Bertha Madras, Ph.D., a professor of Psychobiology at Harvard Medical School and a member of the President’s Commission on Combatting Drug Addiction and the Opioid Crisis.



During the convention, there were 25 breakout panels. Links to some of the keynote speeches and breakout panels are on the website at www.oxfordhouse.org. The Friday breakouts included a panel discussion on Addiction Research that featured noted addiction research experts including Westley Clark, M.D., former CSAT Director; Caleb Alexander, M.D. of Johns Hopkins Bloomberg School of Public Health; Bertha Madras, Ph.D.; Stuart Gitlow, M.D.; Elizabeth Mahoney, M.A.; and Leonard Jason, Ph. D.



Other Friday breakout panels included Working with Treatment Providers (below left), Conducting House, Chapter and Association Meetings (below center), and Oxford House World Council Update (below right).



Another breakout panel focused on Working with Drug Courts, Parole and Prison Re-entry. Three-quarters of Oxford House residents have served some jail time – some have served only a day or two while others have served many years. Oxford House works closely with drug courts and many judges recommend Oxford House residency to their clients since they have found that clients who live in Oxford Houses are less likely to relapse or re-enter the criminal justice system. Oxford House is also in the forefront of those helping persons leaving incarceration to get into an Oxford House and break the cycle of recidivism into addiction or crime.



Other breakout panel topics were Oxford House and State Agencies, Finding a Good House to Rent, Why Research Matters, Educating the Public About Recovery and Engaging the Recovery Community.



The afternoon general session featured a keynote speech by Westley Clark, M.D., J.D., M.P.H., CAS and FASAM. He has participated in almost every Oxford House World Convention. His talks are always very



well received by all of the participants in the annual Oxford House convention.

Dr. Clark served for 16 years in SAMHSA as the Director of CSAT and is now the Dean's Executive Professor in the Public Health program at Santa Clara University.



The afternoon General Session included presentation of the Directors' 100-Year Awards. These awards are presented to all Oxford Houses that voluntarily contribute at least \$600 a year to Oxford House, Inc. to support expansion and maintenance of Oxford Houses in areas where there is no other financial support. During FY 2018, these voluntary contributions amounted to over \$600,000. Oxford House residents pay no dues or other fees to Oxford House, Inc. and the voluntary contributions represent the residents' and alumni's efforts to 'give back' and contribute to helping develop new Houses. Below are some of the state groups assembled to accept their awards.



The afternoon General Session also featured campaign speeches by candidates vying for seats on the Oxford House World Council, an Advisory Council to the OHI Board of Directors. The Council is made up of Oxford House residents and alumni who serve rotating 3-year terms. Resident and alumni candidates gave 3-minute campaign speeches and convention participants had until noon on Saturday to cast their votes.

On Friday evening, all the convention participants ventured out to Union Station in Kansas City for plentiful food and a variety of entertainment. A good time was had by all!



Saturday morning was filled with 15 breakout panels. Panels started at 8:15 a.m. after a breakfast buffet. The first set of panels focused on Medication in Oxford Houses, Going Back To School as Residents or Alumni (at left below), Filling Vacancies, Dealing with Children in Oxford Houses (center) and Keeping Alumni Involved (at right below).



The next set of panels were Millennials and Recovery, MAT and MAR in Oxford Houses (left), Four Stages of Houses and Five Core Principles (center), Civil Rights and the Law (right) and Oxford House Research.



The third set of panels featured The Importance of Having Fun in Oxford House (Bottom), Opioid Overdose Prevention and Reversal (center), Leadership v. Bossism (right), Organizing Personal Finances, and Networking for Jobs.



As evidenced by all the breakout topics, the panels covered myriad issues – from general policy and research issues to more practical recovery and ‘housekeeping’ issues ranging from how to deal with medication and overdoses in Houses to the importance of having fun in Oxford House. Participants actively engaged in all sessions both for their own education and to bring home information to fellow housemates.

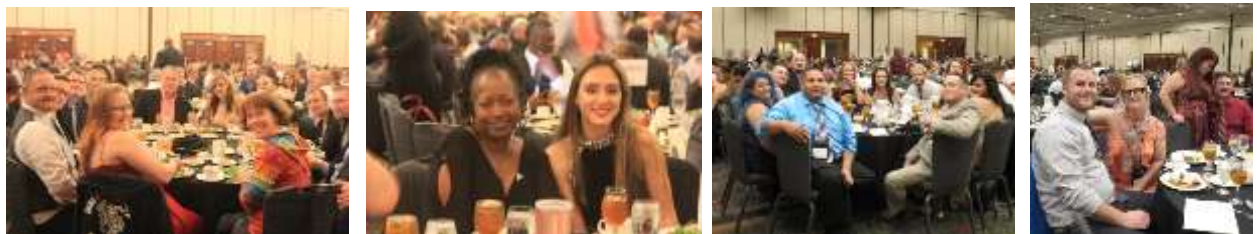
The Saturday afternoon General Session featured Dr. Stuart Gitlow’s keynote – Addiction 101. As always, Dr. Gitlow showed himself an expert with a flip chart and answered many questions from the audience. A video of the presentation is available on the website at www.oxfordhouse.org.



The Saturday General Session also featured the announcement of the members of the Oxford House World Council. Residents and alumni in attendance then discussed and voted on proposed resolutions.



The Saturday night banquet featured opening remarks by Board Member Bill Newman and presentation of awards by James McClain, Paul Molloy and Kathleen Gibson. Award recipients were Dan Fuchs, Brandie Bauer, and Carol and Tim Kane. Tim Ryan, author of "From Dope to Hope" gave the recovery speech.



FY 2018 Financials

Oxford House, Inc. Statement of Financial Position June 30, 2018¹

ASSETS	
CURRENT ASSETS	
Cash	\$ 444,059
Accounts Receivable, Net	1,553,162
Employee Advances	6,811
Prepaid Expenses	22,249
Loans Receivable, Current Portion	<u>148,224</u>
Total Current Assets	<u>2,174,505</u>
PROPERTY AND EQUIPMENT	
Furniture and Office Equipment	289,726
Less Accumulated Depreciation	<u>(217,693)</u>
Net Property and Equipment	<u>72,033</u>
OTHER ASSETS	
Loans Receivable	103,787
Restricted Cash	95,927
Deposits	<u>15,285</u>
Total Other Assets	<u>214,999</u>
TOTAL ASSETS	<u>\$ 2,461,537</u>
LIABILITIES AND NET ASSETS	
CURRENT LIABILITIES	
Accounts Payable	\$ 400,307
Program Advances	102,992
Accrued Payroll Taxes	11,063
Accrued Salaries	<u>110,185</u>
Total Current Liabilities	<u>624,547</u>
Total Liabilities	<u>624,547</u>
NET ASSETS	
Unrestricted	<u>1,836,990</u>
TOTAL NET ASSETS	<u>1,836,990</u>
TOTAL LIABILITIES & NET ASSETS	<u>\$ 2,461,537</u>

Statement of Activities

SUPPORT AND REVENUE	
Federal Awards	\$ 4,965,807
State and Local Awards	3,168,543
General Contributions	721,378
Convention Revenue	353,443
Combined Federal Campaign	15,469
Conference Revenue	6,012
Litigation Settlement Income	16,610
Interest Income	<u>279</u>
Total Support and Revenue	<u>\$ 9,247,541</u>
EXPENSES	
Program Services	
State and Local Program – Federal Funds	\$ 4,965,807
State and Local Program – State/Local	3,168,543
State and Local Program – Other	111,914
World Convention	<u>333,257</u>
Total Program Services	<u>\$ 8,579,521</u>
Supporting Services	
Management and General	295,533
Fundraising	<u>1,848</u>
Total Supporting Services	<u>297,381</u>
Total Expenses	<u>8,876,902</u>
INCREASE UNRESTRICTED NET ASSETS	370,369
NET ASSETS Beginning of Year	<u>1,466,351</u>
NET ASSETS End of Year	<u>\$ 1,836,990</u>

Oxford House, Inc. FY 2018 Expenses By Category and Function

Expense Item	State/Local Program	G&A	Total Expenses
Salaries	\$3,627,563	\$ 68,818	\$3,696,381
Fringe Benefits	669,960	37,745	707,705
Payroll Taxes	<u>292,100</u>	<u>5,132</u>	<u>297,232</u>
Total Personnel	<u>4,589,623</u>	<u>111,695</u>	<u>4,701,318</u>
Travel & Lodging	2,922,067	2,413*	2,924,480
Professional Fees	136,412	25,874	162,286
Rent	164,855	16,218	181,073
Telephone/Facsimile	198,255	4,409	202,664
Convention Expense	52,790	778	53,568
Meeting/Conference	148,240	1,770	150,010
Printing/Publications	61,814	3,700	65,514
Other	96,837	57,826 ²	154,723
Insurance	28,619	41,288	69,907
Local Training	39,000	0	39,000
Office Supplies	34,431	6,621	41,052
Outreach Supplies	46,772	135	46,907
Postage and Supplies	16,623	12,022	28,645
Depreciation	23,467	2,360	25,827
Payroll Services	16,913	8,550	25,463
Bank Charges	2,803	1,419	4,222
Interest		243	243
Total Expenses	<u>\$8,579,521</u>	<u>\$297,381</u>	<u>\$8,876,902</u>

Individual Oxford Houses followed through on a resolution at the 1999 Oxford House World Convention to encourage voluntary contributions to Oxford House World Services for the purpose of defraying expansion and service expenses. During FY 2018, Oxford Houses voluntarily contributed \$565,954 to OHI.

The 2001 World Convention adopted a resolution to earmark all House contributions in excess of \$200,000 a year for a national revolving loan fund to help start new Oxford Houses. Since states are no longer required to maintain start-up revolving loan funds, it will become important for future expansion for Oxford House, Inc. to have a self-sustaining loan fund that can take up the slack. About \$212,000 was used for start-up loans in FY 2018 and the remainder for on-site technical assistance.

*\$1,848 is total expenses in conjunction with fund-raising and is included in travel and lodging travel under G&A.

A full copy of the Oxford House, Inc. audit and IRS form 990 is available from Oxford House World, Inc. Telephone 301-587-2916 or e-mail Info@oxfordhouse.org to receive a copy of the audit. The IRS form 990 is available to download at www.oxfordhouse.org under "About Us/Finances".

¹ See notes accompanying financial statement at end of the Annual Report. See box at right for instructions on how to get full copy of audit.

OXFORD HOUSE, INC.
NOTES TO FINANCIAL STATEMENTS
JUNE 30, 2017

Note 1 –Organization and Summary of Significant Accounting Policies

Organization

Oxford House, Inc. is a nonprofit organization incorporated under the laws of the State of Delaware on October 25, 1987 for the purpose of aiding in the rehabilitation and to improve social condition and environment for recovering alcoholics and drug addicts. This is accomplished by developing plans and programs for their recovery and by establishing homes for recovering substance abusers. Independently chartered "Oxford House" operates throughout the country as self-run, self-supported recovery houses. Oxford House, Inc. acts as the national umbrella organization and provides overall direction and technical, assistance to the independent "Oxford Houses."

Basis of Accounting

Oxford House, Inc. presents its financial statements on the accrual basis of accounting, whereby revenue is recognized when earned and expenses are recognized when incurred.

Basis of Presentation

Financial statement presentation follows the recommendations of the Financial Accounting Standards Board in FASB ASC Topic 958, Not-for-Profit Organizations. Under FASB ASC 958, Oxford House, Inc. is required to report information regarding its financial position and activities according to three classes of net assets: unrestricted net assets, temporary restricted net assets, and permanently restricted net assets.

Use of Estimates

The preparation of financial statements in conformity with generally accepted accounting principles requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates.

Allowance For Doubtful Accounts

Accounts receivable are considered to be fully collectible.

Property and Equipment

Property and equipment is stated at cost or donated value and is depreciated using the straight-line method over the estimated useful lives of the assets.

All acquisitions of property and equipment in excess of \$1,000 are capitalized. Expenditures for major renewals and betterments that extend the useful lives of property and equipment are capitalized. Expenditures for maintenance and repairs are charged to expense as incurred.

Grant Contract Revenue

Grant contract revenue is recorded when earned under the provisions of the applicable contracts.

Contributions

Oxford House, Inc. accounts for contributions in accordance with the recommendations of the Financial Accounting Standards Board in FASB ASC Topic 958, Not-For-Profit Entities. In accordance with FASB ASC 958, contributions received are recorded as unrestricted, temporarily restricted, or permanently restricted support, depending on the existence and/or nature of any donor restrictions.

Support that is restricted by the donor is reported as an increase in unrestricted net assets if the restriction expires in the reporting period in which the support is recognized. All other donor-restricted support is reported as an increase in temporarily or permanently restricted net assets depending on the nature of the restriction. When a restriction expires (that is, when a stipulated time restriction ends or purpose restriction is accomplished), temporarily restricted net assets are reclassified to unrestricted net assets and reported in the statement of activities as net assets released from restrictions.

Income Taxes

Oxford House, Inc. is exempt from Federal income taxes under section 501 (c)(3) of the Internal Revenue Code and has been classified as a publicly supported organization. As a 501(c)(3) nonprofit organization the organization is also exempt from State income taxes. Accordingly, no provision for income taxes is required in the accompanying financial statements.

Functional Allocation of Expenses

The costs of providing the various programs and other activities have been summarized on a functional basis in the statement of activities. Accordingly, certain costs have been allocated among the programs and supporting services benefited.

Cash Equivalents

For purposes of the statement of cash flows, Oxford House, Inc. considers all highly liquid debt instruments with maturity of three months or less to be cash equivalents. There were no cash equivalents as of June 30, 2017.

Restricted Cash

Oxford House, Inc. maintains restricted bank accounts and certificates deposit under various contractual obligations.

Escrow Funds

Grants from individual states for funding of the loan program (Note 6) are segregated into escrow accounts for the benefit of the individual states. Those funds are not included in the financial statements of Oxford House, Inc. as they are considered to be state funds.

Major Customers

Oxford House, Inc. derives a substantial portion of its income from State awards funded in whole or in part by Federal funds.

Subsequent Events Evaluation

Management has evaluated subsequent events through January 2, 2019, the date the financial statements were available to be issued.

Note 2 – Loans Receivable

Oxford House, Inc. makes start-up loans to certain recovery houses and temporary loans [bridge loans] to other recovery houses. At June 30, 2018 loans receivable were \$252,011, net of allowance of \$-0-.

Note 3 – Accrued Salaries

Included in accrued salaries are salaries and royalties owed to an officer of Oxford House, Inc. as follows:

J. Paul Molloy, President	<u>\$ 110,185</u>
	<u>\$ 110,185</u>

Note 4 – Line of Credit

Oxford House, Inc. has a line of credit note of \$75,000 of which \$0 is outstanding at June 30, 2018. The note is secured by a \$31,001 certificate of deposit, which is included in restricted cash appearing on the statement of financial position. The interest rate is currently 10.5%. Oxford House, Inc. is to make minimum monthly payments of interest only. The note is considered payable on demand. The interest expense for the year ending June 30, 2018 was \$338.

Note 5 – Retirement Plan

Oxford House, Inc. has a 403(b) retirement plan. All full time employees over the age of twenty-one [21] that have completed three months of service are eligible to participate. The plan is funded through pre-tax salary reductions by the employees.

Note 6 – State Escrow Accounts

Oxford House, Inc. has received restricted funds from various entities to be used solely for the purpose of extending revolving loans to establish new houses, which are then repaid by these houses.

Oxford House, Inc. managed funds or held and managed funds in escrow accounts under contracts with various states to meet the requirement of Public Law 100-690, “The Anti-Drug Abuse Act of 1988.” Such escrow accounts are not reflected in the accompanying financial statements of Oxford House, Inc. Held funds, including outstanding loan balances approximate \$1,880,000 at June 30, 2018.

Note 7 – Lease Commitments

Oxford House, Inc. leases office space and office equipment under operating leases. The office space lease is subject to operating cost increases. This lease commenced July 2013 and is scheduled to terminate June 30, 2018. Lease expense for the year ended June 30, 2018 approximated \$181,073, which included parking spaces and common area fees.

The following is a schedule of approximate future minimum lease payments under non-cancelable operating leases for office space with initial or remaining terms of one year or more as of June 30, 2018:

2019	\$124,829
2020	\$219,731
2021	\$225,801
2022	\$232,010
2023	\$238,358
Thereafter	<u>\$101,962</u>
6 Year Total	\$1,142,691

Note 8 – Concentration of Credit Risk

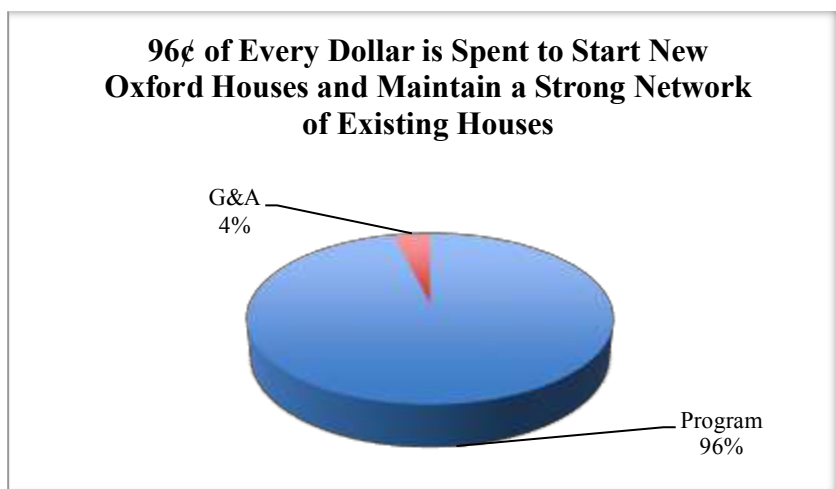
Bank balances in excess of Federally insured limits at June 30, 2018 were \$289,986.

Note 9 – Claims and Litigation

Oxford House, Inc. is subject to other various claims and litigation. In the opinion of management, the outcome of such matters will not have a material effect on the financial position of Oxford House, Inc.

Note: The auditor’s full report, including supplemental single state audits, can be obtained by sending an e-mail to info@oxfordhouse.org or writing Oxford House, Inc., 1010 Wayne Avenue, Suite 300, Silver Spring, Maryland 20910.

Getting the Most Out of Every Dollar of Income



OHI has kept overhead at a very low percentage because the formula for expanding the number of Oxford Houses is based on the time-tested formula for technical assistance and small start-up loans. The central services office in Silver Spring, Maryland maintains the various revolving loan funds administered by OHI.

The bottom-line is that 96¢ of every \$1 is used directly for establishing and maintaining a strong worldwide network of Oxford Houses. Only 4¢ of every dollar is used for overhead – general administrative expenses.

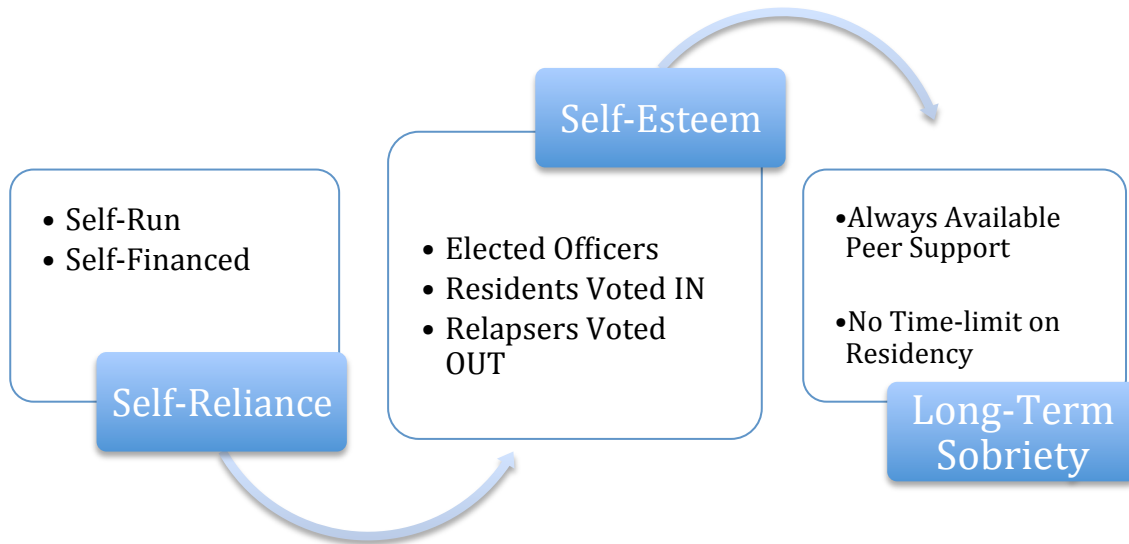
Oxford House
Creating a National Network of Recovery Houses One House at a Time



A few of the more than 2,500 Oxford Houses

Oxford House™

Unique • Evidenced-based • Time-tested



FACTS ABOUT ALCOHOLISM AND DRUG ADDICTION

- About 25 million Americans are primarily active alcoholics with another 8 million addicted to illicit drugs. (SAMHSA)
- 22.7 million persons aged 18 or older needed treatment for an illicit drug or alcohol abuse problem in 2013 (8.6 percent of persons aged 18 or older). (SAMHSA)
- Of these, only 1.25 million – 6.2 percent of those who needed treatment – received it.
- Government reports show that alcohol and drug abuse is responsible for the admission of almost 1.5 million people to emergency rooms nationwide and drug addiction results in nearly half a trillion dollars of economic loss annually equal to \$1,426 per American.
- For those receiving treatment, 60% had been in prior treatment an average of more than three times. [TEDS]

Oxford Houses Provide a Low-Cost, Highly Effective Method of Reducing Recidivism

The Process of Recovery

Not everyone who drinks alcohol becomes an alcoholic. Not everyone who uses mood-altering drugs becomes a drug addict. But some do. Society has struggled with effective ways to help those who become addicted to change behavior because their addiction can cause harm to them, their families and society at large. There is no magic wand but there is a process that works.

- Intervention
- Detoxification [*Ending physical dependence*]
- Treatment [*Motivation and education*]
- Long-term Behavior Change [*Supportive Living Environment*]

The weak link in the process is society's failure to support living environments that foster long-term behavior change. Most individuals relapse after the first three steps of the process – intervention, detoxification and treatment.

Significant evidence suggests that Oxford Houses provide the time, peer support and structured democratic process to make recovery without relapse the norm – not the exception.

OXFORD HOUSE TRADITIONS

1. Oxford House has as its primary goal the provision of housing for alcoholics and drug addicts who want to stay clean and sober.
 2. All Oxford Houses are run on a democratic basis. Our officers serve continuous periods of no longer than six months.
 3. No Member of an Oxford House is ever asked to leave without cause – drinking alcohol, drug use, or disruptive behavior.
 4. Oxford House members realize that active participation in AA and/or NA offers assurance of continued sobriety.
 5. Each Oxford House should be autonomous except in matters affecting other houses or Oxford House, Inc. as a whole.
 6. Each Oxford House should be financially self-supporting.
 7. Oxford House should remain forever non-professional.
 8. Propagation of the Oxford House, Inc. concept should always be conceived as public education.
 9. Members who leave an Oxford House in good standing should become associate members.
-

Oxford House™

1975-2019

*44 Years of Organized Self-Help To Enable Alcoholics and
Drug Addicts to Recover Without Relapse*

- Providing Sole Authority for Oxford House Charters
- Providing Technical Assistance to Establish New Oxford Houses
- Providing Technical Assistance to Keep Existing Oxford Houses on Track
- Providing Organization of Chapters to Help Oxford Houses to Help Themselves
- Providing the Time, Living Environment and Support to Enable Alcoholics and Drug Addicts to Achieve Recovery Without Relapse
- Providing the Legal, Philosophical, and Scientific Framework for a Cost-effective, Worldwide Network of Supportive Recovery Housing.

Write or Call

Oxford House, Inc.

1010 Wayne Avenue, Suite 300
Silver Spring, Maryland 20910

Telephone 301-587-2916

Facsimile 301-589-0302

E-Mail Info@oxfordhouse.org

Web Site: www.oxfordhouse.org